# A homotopical viewpoint at the Poisson bracket invariants for tuples of sets 

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#### Abstract

We suggest a homotopical description of the Poisson bracket invariants for tuples of closed sets in symplectic manifolds. It implies that these invariants depend only on the union of the sets along with topological data.


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## 1. Introduction

In [1] Buhovski, Entov and Polterovich defined invariants of triplets and quadruplets of compact sets in a symplectic manifold, using certain variational problems involving the functional $(F, G) \mapsto\|\{F, G\}\|$. Specifically, for three compact sets $X, Y, Z$ in a symplectic manifold, $(M, \omega)$, the following invariant was defined:

$$
\begin{array}{r}
\operatorname{pb}_{3}(X, Y, Z):=\inf \{\|\{F, G\}\| \mid F, G \\
\left.G\right|_{Y} ^{\infty}(M),\left.F\right|_{X} \leq 0 \\
\left.G 0,\left.(F+G)\right|_{Z} \geq 1\right\},
\end{array}
$$

where $\{\cdot, \cdot\}$ is the Poisson bracket, and $\|\cdot\|$ is the supremum norm. Analogously, for four compact sets $X_{0}, X_{1}, Y_{0}, Y_{1}$ such that $X_{0} \cap X_{1}=Y_{0} \cap Y_{1}=\emptyset$

Partially supported by European Research Council Advanced grant 338809.
the following invariant was defined:

$$
\begin{aligned}
& \mathrm{pb}_{4}\left(X_{0}, X_{1}, Y_{0}, Y_{1}\right) \\
& \quad:=\inf \left\{\|\{F, G\}\| \mid F, G \in C_{c}^{\infty}(M), \begin{array}{l}
\left.F\right|_{X_{0}} \leq 0 \\
\left.F\right|_{X_{1}} \geq 1
\end{array}, \begin{array}{l}
\left.G\right|_{Y_{0}} \leq 0 \\
\left.G\right|_{Y_{1}} \geq 1
\end{array}\right\}
\end{aligned}
$$

In [1] lower bounds for these invariants are computed. Such lower bounds tend to involve various flavors of holomorphic curves theory. In the same paper there are also proofs that the inequalities appearing in the definition can be replaced by equalities in some neighborhoods of the sets, which depend on the pair $(F, G)$, and that the functions can be assumed to be bounded between 0 and 1 . Moreover, the definition of similar invariants for $n$-tuples of sets is sketched. These invariants are denoted by $\mathrm{pb}_{n}$.

The $\mathrm{pb}_{4}$ invariant is shown in [1] to also have a dynamical interpertation in terms of time-length of Hamiltonian chords, and in [3] it was applied in the study of a topological invariant of Lagrangians.

In this paper we prove few results unifying $\mathrm{pb}_{3}, \mathrm{pb}_{4}$ and the general $\mathrm{pb}_{n}$. Moreover, we show that $\mathrm{pb}_{4}$ depends only on the union of the sets, $X_{0}, X_{1}, Y_{0}$ and $Y_{1}$ which we denote by $X$, and on a first integer-valued cohomology class of $X$, which encodes the homotopical manner in which $X$ is decomposed into four sets. We show that analogous results hold for $\mathrm{pb}_{3}$ and for all the $\mathrm{pb}_{n}$ invariants. The first of our results is the following theorem:

Theorem 1. Let $M$ be a symplectic manifold, and let $X_{0}, X_{1}, Y_{0}, Y_{1}$ be four compact subsets such that $X_{0} \cap X_{1}=Y_{0} \cap Y_{1}=\emptyset$. Then,

$$
\mathrm{pb}_{4}\left(X_{0}, X_{1}, Y_{0}, Y_{1}\right)=2 \cdot \mathrm{pb}_{3}\left(X_{0}, Y_{0}, X_{1} \cup Y_{1}\right)
$$

Remark 1.1. In [1] the following weaker inequality was proved:

$$
\mathrm{pb}_{4}\left(X_{0}, X_{1}, Y_{0}, Y_{1}\right) \geq \mathrm{pb}_{3}\left(X_{0}, Y_{0}, X_{1} \cup Y_{1}\right)
$$

Theorem 1 is in fact a part of a more general phenomenon, namely, all the $\mathrm{pb}_{n}$ invariants introduced in [1] can be reduced to $\mathrm{pb}_{3}$.

Definition 1.2. We say that $N$ sets, $X_{1}, \ldots, X_{N}$, intersect cyclically if $X_{i} \cap X_{j}=\emptyset$ whenever $i \notin\{j-1, j, j+1\}$ where $j-1$ and $j+1$ are computed cyclically $\bmod N$.

We define invariants, $\mathrm{Pb}_{N}$, of $N$-tuples of cyclically intersecting compact subsets of a symplectic manifold $M$. For a compact $M$ they can be defined
as follows: Fix $\Delta$, a compact convex subset of $\mathbb{R}^{2}$ of $\operatorname{Area}(\Delta)=1$ with $\partial \Delta$ either smooth or polygonal. Fix $N$ points, $p_{i} \in \partial \Delta$, ordered cyclically counterclockwise. Denote by $\gamma_{i}$ the arc along $\partial \Delta$ emanating from $p_{i}$ towards the next point in the counterclockwise order. Define:

$$
\begin{aligned}
& \operatorname{Pb}_{N}\left(X_{1}, \ldots, X_{N}\right) \\
& \quad:=\inf \left\{\left\|\left\{\Phi_{1}, \Phi_{2}\right\}\right\| \left\lvert\, \begin{array}{l}
\Phi=\left(\Phi_{1}, \Phi_{2}\right): M \rightarrow \Delta \subset \mathbb{R}^{2}, \text { such that } \\
\forall i, \exists U_{i} \supset X_{i} \text { such that } \Phi\left(U_{i}\right) \subseteq \gamma_{i}
\end{array}\right.\right\} .
\end{aligned}
$$

We show that the resulting quantity, $\mathrm{Pb}_{N}\left(X_{1}, \ldots, X_{N}\right)$, depends neither on the choice of the domain $\Delta$ nor on the choice of the points $p_{i} \in \partial \Delta$ as long as they are chosen with the same cyclical order. Moreover, we show that $2 \mathrm{pb}_{3}(X, Y, Z)=\mathrm{Pb}_{3}(X, Y, Z)$ and that $\mathrm{pb}_{4}\left(X_{0}, X_{1}, Y_{0}, Y_{1}\right)=$ $\mathrm{Pb}_{4}\left(X_{0}, Y_{0}, X_{1}, Y_{1}\right)$. (Note that for $\mathrm{Pb}_{N}$ we list the sets in a cyclical order). In fact up to multiplication by a constant, which is due to the normalization of the area of $\Delta$, our $\mathrm{Pb}_{n}$ is equal to the $\mathrm{pb}_{n}$ from [1]. Therefore, Theorem 1 follows from the following theorem:

Theorem 2. For $N \geq 4$ and $X_{1}, \ldots, X_{N}$ intersecting cyclically, it holds that:

$$
\operatorname{Pb}_{N}\left(X_{1}, \ldots, X_{N}\right)=\operatorname{Pb}_{N-1}\left(X_{1}, \ldots, X_{N-1} \cup X_{N}\right)
$$

This reduces from $\mathrm{Pb}_{N}$ to $\mathrm{Pb}_{N-1}$. As a partial converse, we show that one can also go the other way, namely, recover $\mathrm{Pb}_{N}$ from the data of $\mathrm{Pb}_{N+1} \mathrm{~s}$, replacing the intersection $X_{1} \cap X_{N}$ with a compact neighborhood which is added as a new set to the tuple, and taking limit over such neighborhoods.

Theorem 3. Let $X_{1}, \ldots, X_{N}$ be compact sets intersecting cyclically and if $N=3$ assume also that $X_{1} \cap X_{2} \cap X_{3}=\emptyset$. Let $K_{n}$ be a decreasing sequence of compact neighborhoods of $X_{1} \cap X_{N}$, converging to $X_{1} \cap X_{N}$ in the Hausdorff distance. Moreover assume that $K_{1} \cap\left(\bigcup_{j=2}^{N-1} X_{j}\right)=\emptyset$. Then, the following limit exists and equals $\mathrm{Pb}_{N}\left(X_{1}, \ldots, X_{N}\right)$ :

$$
\lim _{K_{n} \backslash X_{1} \cap X_{N}} \mathrm{~Pb}_{N+1}\left(\overline{X_{1} \backslash K_{n}}, X_{2}, \ldots, X_{N-1}, \overline{X_{N} \backslash K_{n}}, K_{n}\right)=\mathrm{Pb}_{N}\left(X_{1}, \ldots, X_{N}\right) .
$$

Theorem 3 allows us to relate $\mathrm{pb}_{3}$ to dynamics, see Corollary 3.21. Together these theorems unify $\mathrm{pb}_{3}, \mathrm{pb}_{4}$ and their generalizations, $\mathrm{pb}_{n}$, which were defined in [1]. As further unification we prove that $\mathrm{Pb}_{n}$ depends only on the union of the sets $X_{i}$ and on some homotopical data, namely, we show
that $\mathrm{Pb}_{n}$ defines a function on the set of homotopy classes of maps from the compact set $X=X_{1} \cup \ldots \cup X_{N}$ to $S^{1}$ (which by [6] equals $H^{1}(X ; \mathbb{Z})$, the first cohomology of the constant sheaf $\mathbb{Z}$ ), where the homotopy class (first cohomology class) describes the manner in which $X$ is decomposed. We will use the two viewpoints on $H^{1}(X ; \mathbb{Z})$, as either first integral-cohomology or homotopy classes of maps from $X \rightarrow S^{1}$ interchangeably.

Definition 1.3. Denote by $\overline{B_{1}}$ the unit ball in $\mathbb{R}^{2}$ and denote by $S^{1}$ its boundary. Let $M$ be a symplectic manifold and $X$ be a compact subset. For any $\alpha \in H^{1}(X ; \mathbb{Z})$ define:

$$
P b_{X}(\alpha):=\inf \left\{\begin{array}{l|l}
\left\|\left\{\phi_{1}, \phi_{2}\right\}\right\| & \begin{array}{l}
\phi=\left(\phi_{1}, \phi_{2}\right): M \rightarrow \overline{B_{1}} \text { such that } \\
\phi_{1}, \phi_{2} \text { have compact support, and } \\
\exists \underset{\text { open }}{U} \supset X, \phi(U) \subseteq S^{1},\left[\left.\phi\right|_{X}\right]=\alpha
\end{array}
\end{array}\right\},
$$

where $\left[\left.\phi\right|_{X}\right]$ denotes the homotopy class of the function $\left.\phi\right|_{X}$.
Let $X$ be be a compact subset of a manifold $M$, and assume $X=X_{1} \cup$ $X_{2} \cup X_{3}$ where $X_{1} \cap X_{2} \cap X_{3}=\emptyset$ and each $X_{k}$ is compact. Denote by $\alpha \in$ $H^{1}(X ; \mathbb{Z})$ the class determined by the decomposition $X=X_{1} \cup X_{2} \cup X_{3}$, in the sense that $\alpha=[f]$ where $f$ is a function, $f: X \rightarrow S^{1}$, such that $\left.f\right|_{X_{i}} \subseteq$ $\gamma_{i}$ for all $1 \leq i \leq 3$, where $S^{1}=\gamma_{1} \cup \gamma_{2} \cup \gamma_{3}$ is a decomposition into three consecutive arcs ordered counterclockwise. The class $\alpha$ depends neither on the decomposition of the circle into arcs (up to a cyclical order preserving relabeling) nor on the particular function $f$ chosen. In Section 4.2 we prove the following theorem:

## Theorem 4.

$$
P b_{3}\left(X_{1}, X_{2}, X_{3}\right)=P b_{X}(\alpha)
$$

Remark 1.4. A similar proof would work for any $\mathrm{Pb}_{n}$, thereby providing another proof for Theorem 1, by equating all $\mathrm{Pb}_{n}$ with the same $\mathrm{Pb}_{X}(\alpha)$. We chose to separate the proof of Theorem 1 and give a direct proof of it first, since it is a simpler proof, and moreover, restricting to $n=3$ somewhat simplifies the discussion on decompositions of $X$ versus homotopy classes of maps from $X$ to $S^{1}$

As an application for Theorem 4 we prove subhomogeneity of $\mathrm{Pb}_{X}(\alpha)$, a fact which has repercussions for $\mathrm{pb}_{4}$ :

Theorem 5. Let $X$ be a compact subset of a symplectic manifold $M$. Then, for all $0 \neq \alpha \in H^{1}(X ; \mathbb{Z})$ and for all $0<k \in \mathbb{N}$ we have:

$$
\mathrm{Pb}_{X}(k \alpha) \leq k \cdot \mathrm{~Pb}_{X}(\alpha)
$$

This result is motivated by the work of [3] on Lagrangian topology. In [3) an invariant associated to Lagrangian submanifolds admitting fibrations over $S^{1}$ was introduced, named $\mathrm{bp}_{L}$, whose definition is based on $\mathrm{pb}_{4}^{+}$(a refinement of $\mathrm{pb}_{4}$, see Remark 1.5). For a Lagrangian $L$ admitting a smooth fibration, $f: L \rightarrow S^{1}$, one cuts $S^{1}$ into four consecutive arcs, denotes their preimages under $f$ by $X_{0}, Y_{0}, X_{1}, Y_{1}$ and computes

$$
\mathrm{bp}_{L}(f):=\frac{1}{p b_{4}^{+}\left(X_{0}, X_{1}, Y_{0}, Y_{1}\right)}
$$

The quantity $\mathrm{bp}_{L}(f)$ depends neither on the isotopy class of the smooth fibration, $f$, nor on the particular choice of arcs in $S^{1}$ (keeping the same cyclical ordering). For Lagrangian tori of dimensions 2 and 3 these classes of fibrations correspond to first integral cohomology classes of $L$, thus $\mathrm{bp}_{L}$ defines a function, $\mathrm{bp}_{L}: H^{1}(L ; \mathbb{Z}) \rightarrow(0, \infty]$. The invariant, $\mathrm{bp}_{L}$, is shown to be smaller or equal to another invariant of $L$, named $\operatorname{def}_{L}$, defined in terms of Lagrangian isotopies with prescribed flux, which gives a function on the real-valued first cohomology, $\operatorname{def}_{L}: H^{1}(L ; \mathbb{R}) \rightarrow(0, \infty]$. The function $\operatorname{def}_{L}$ is seen to be $\mathbb{R}_{+}$-homogeneous immediately from the definition and in all examples in [3] where it was manageable to compute both invariants, they turned out to be equal. This raised the question of whether always $\left.\operatorname{def}_{L}\right|_{H^{1}(L ; \mathbb{Z})}=\mathrm{bp}_{L}$. Therefore, it is interesting to study homogeneity of $\mathrm{bp}_{L}$, as it may provide evidence in deciding the question. Moreover, our definition of $\mathrm{Pb}_{X}(\alpha)$ allows one to extend the definition of $\mathrm{bp}_{L}$ as a function on the first integral cohomology for general Lagrangians without any regard to fibrations or issues of smoothness of isotopies (which were the reason why [3] had to restrict to tori of dimension 2 and 3).

Remark 1.5. In [4] Entov and Polterovich defined a refinement of $\mathrm{pb}_{4}$, replacing the supremum norm with maximum.

$$
\begin{aligned}
& \mathrm{pb}_{4}^{+}\left(X_{0}, X_{1}, Y_{0}, Y_{1}\right) \\
& \quad:=\inf \left\{\max \{F, G\} \mid F, G \in C_{c}^{\infty}(M), \begin{array}{l}
\left.F\right|_{X_{0}} \leq 0 \\
\left.F\right|_{X_{1}} \geq 1
\end{array}, \begin{array}{l}
\left.G\right|_{Y_{0}} \leq 0 \\
Y_{Y_{1}} \geq 1
\end{array}\right\} .
\end{aligned}
$$

It was used in [4] to study dynamics, as the invariant detects both the existence and the direction of Hamiltonian chords. Since $\mathrm{pb}_{4}^{+}$is always nonnegative (Compact support guarantees a point with vanishing derivative of either $F$ or $G$, therefore at that point $\{F, G\}=0$, hence $\max _{M}\{F, G\} \geq 0$ ), and since all our proofs involve upper bound inequalities with respect to nonnegative quantities, one could replace $\|\cdot\|$ by $\max (\cdot)$ and obtain analogous theorems for $\mathrm{pb}^{+}$.

Acknowledgments. I would like to thank my advisor, Leonid Polterovich for suggesting to look at the theory of Poisson bracket invariants, $\mathrm{pb}_{n}$ for $n \geq 5$. I also thank him together with Michael Entov and Lev Buhovoski for reading the preprints of this paper and providing important feedback and comments.

## 2. $\varepsilon$-pseudoretracts

One of our main tools for manipulating functions without increasing the Poisson bracket too much, is by post-composing with a function from $\mathbb{R}^{2}$ to $\mathbb{R}^{2}$ with a bound on the Jacobian, therefore we introduce the following notion:

Definition 2.1. Let $\Delta \subset \mathbb{R}^{2}$ be a compact set in the plane. We call a smooth map $T=\left(T_{1}, T_{2}\right): \mathbb{R}^{2} \rightarrow \Delta$ an $\varepsilon$-pseudoretract onto $\Delta \subset \mathbb{R}^{2}$ if

- $T$ is onto $\Delta$.
- $T$ maps $\mathbb{R}^{2} \backslash \Delta$ to $\partial \Delta$.
- $|D T| \leq 1+\varepsilon$ (Where $|D T|$ is the Jacobian determinant of $T$, namely, $\left.\frac{T^{*} \omega_{\mathbb{R} 2}}{\omega_{\mathbb{R}^{2}}}\right)$.
In particular it holds for an $\varepsilon$-pseudoretract that $\left\|\left\{T_{1}, T_{2}\right\}\right\| \leq 1+\varepsilon$.
Proposition 2.2. Let $\Phi=\left(\Phi_{1}, \Phi_{2}\right): M \rightarrow \mathbb{R}^{2}$ be a smooth function and let $T=\left(T_{1}, T_{2}\right): \mathbb{R}^{2} \rightarrow \Delta$ be an $\varepsilon$-pseudoretract onto $\Delta \subseteq \mathbb{R}^{2}$. Consider $T \circ \Phi=\left((T \circ \Phi)_{1},(T \circ \Phi)_{2}\right): M \rightarrow \mathbb{R}^{2}$ Then:

1) $\left\|\left\{(T \circ \Phi)_{1},(T \circ \Phi)_{2}\right\}\right\| \leq(1+\varepsilon)\left\|\left\{\Phi_{1}, \Phi_{2}\right\}\right\|$.
2) For all $x \in M$ such that $\Phi(x) \in \mathbb{R}^{2} \backslash \Delta$ :

$$
\left\{(T \circ \Phi)_{1},(T \circ \Phi)_{2}\right\}=0
$$

Proof. Statement (1) follows from the fact that $|D T| \leq 1+\varepsilon$, and the formula in the proof of Claim 3.6. Statement (2) follows from the fact that $\partial \Delta$ is one dimensional, so locally around $x$, the function $(T \circ \Phi)_{1}$ is a function of $(T \circ \Phi)_{2}$ or vice-versa, hence the Poisson bracket vanishes.

The following corollary will be useful when dealing with $\mathrm{Pb}_{X}(\alpha)$ :
Corollary 2.3. Let $X$ be a compact subset of a symplectic manifold $M$. Let $\Phi: M \rightarrow \overline{B_{1}}$ be a function such that $\Phi(X) \subset \partial\left(\overline{B_{1}}\right)=S^{1}$. Let $\varepsilon>0$ and $K>0$ be positive numbers such that on $\Phi^{-1}\left(B_{1-\varepsilon}\right)$ we have a bound $\left\|\left\{\Phi_{1}, \Phi_{2}\right\}\right\| \leq K$. Then, there exists $\Psi: M \rightarrow \overline{B_{1}}$, such that:

- $\left.\left.\Psi\right|_{X} \equiv \Phi\right|_{X}$.
- $\left\|\left\{\Psi_{1}, \Psi_{2}\right\}\right\| \leq \frac{1+\varepsilon}{1-\varepsilon} K$.

Proof. The proof is an immediate application of Proposition 2.2. Pick an $\varepsilon$-pseudoretract, $T$, onto $B_{1-\varepsilon}$, and consider $\Psi:=\mathcal{H}_{\frac{1}{1-\varepsilon}} \circ T \circ \Phi$, where $\mathcal{H}_{\frac{1}{1-\varepsilon}}$ is the homothety by a factor of $\frac{1}{\sqrt{1-\varepsilon}}$.

Proposition 2.4. $\varepsilon$-pseudorectracts onto $\Delta$ exist for any compact convex $\Delta$ with either a smooth boundary or a polygonal boundary.

Proof. For a set $\Delta$ such that $\partial \Delta$ is smooth, WLOG assume $(0,0) \in \operatorname{Int} \Delta$ and parametrize $\partial \Delta$ in polar coordinates by $r_{\partial \Delta}(\theta) e^{i \theta}$ where $r_{\partial \Delta}:[0,2 \pi] \rightarrow$ $(0, \infty)$ is the radial coordinate of the boundary. Let $\rho:[0, \infty) \rightarrow[0, \infty)$ be a function such that $\left.\rho(x)\right|_{[0,1 / 2]}=x,\left.\rho\right|_{[1, \infty)}=1$ and $0 \leq \rho^{\prime} \leq 1+\varepsilon$. Now define $T: \mathbb{R}^{2} \rightarrow \mathbb{R}^{2}$ in polar coordinates by:

$$
T\left(r e^{i \theta}\right)=r_{\partial \Delta}(\theta) \rho\left(\frac{r}{r_{\partial \Delta}(\theta)}\right) e^{i \theta}
$$

The proof continues similarly to the proof of Lemma 2.4 in 1], we cite the formula for the Jacobian appearing in [1]:

$$
\frac{T^{*} \omega_{\mathbb{R}^{2}}}{\omega_{\mathbb{R}^{2}}}=\frac{\left|T\left(r e^{i \theta}\right)\right|}{r} \frac{\partial}{\partial r}\left|T\left(r e^{i \theta}\right)\right|
$$

Where $|\cdot|$ is the distance to the origin. The $r$-derivative is bounded,

$$
\frac{\partial}{\partial r}\left|T\left(r e^{i \theta}\right)\right|=\rho^{\prime}\left(\frac{r}{r_{\partial \Delta}(\theta)}\right) \leq 1+\varepsilon
$$

Also, since $\rho(0)=0$ and by the bound on $\rho^{\prime}$,

$$
\frac{\left|T\left(r e^{i \theta}\right)\right|}{r}=\frac{r_{\partial \Delta}(\theta)}{r} \rho\left(\frac{r}{r_{\partial \Delta}(\theta)}\right) \leq \frac{r_{\partial \Delta}(\theta)}{r} \frac{r}{r_{\partial \Delta}(\theta)}(1+\varepsilon)=1+\varepsilon
$$

It follows that $T$ is the desired pseudoretract if $\varepsilon$ is small enough. For sets, $\Delta$, whose boundary is a triangle an argument appears in [1]. A similar argument works for every polygon and we describe it briefly. Let $\Delta$ be a convex polygon with $N$ edges denoted by $\ell_{1}, \ldots, \ell_{N}$. For every $1 \leq k \leq N$ we construct a function $T_{k}$ as follows: Denote by $\ell^{\prime}$ and $\ell^{\prime \prime}$ the edges adjacent to $\ell_{k}$, such that they are oriented counterclockwise as $\ell^{\prime}, \ell_{k}, \ell^{\prime \prime}$. Denote by $\widetilde{\ell_{k}}$ the line in the plane on which ${\underset{\sim}{~}}_{k}$ lies, and denote by $H_{k}$ the half plane containing $\Delta$ whose boundary is $\widetilde{\ell}_{k}$. We now define $T_{k}$ by cases:

Case 1: $\ell^{\prime} \| \ell^{\prime \prime}$. Let $u, v$ be unit vectors such that $u \| \ell_{k}$ and $v \| \ell^{\prime \prime}$ where both vectors are oriented by the same orientations of $\ell_{k}$ and $\ell^{\prime \prime}$ that are induced by the counterclockwise orientation of $\partial \Delta$. Let $(x, y)$ denote coordinates in $\mathbb{R}^{2}$ with respect to the basis $\{u, v\}$ and such that $(0,0)=\ell_{k} \cap \ell^{\prime \prime}$. Let $\rho:(-\infty, \infty) \rightarrow[0, \infty)$ be a function such that $\left.\rho(x)\right|_{[\varepsilon, \infty)}=x,\left.\rho\right|_{(-\infty, 0]}=0$ and $0 \leq \rho^{\prime} \leq 1+\varepsilon$. Define

$$
T_{k}(x, y):=(\rho(x), y)
$$

Thus $T_{k}$ maps $H_{k}$ to $\partial H_{k}$ and $T_{k}(\Delta)=\Delta$ if $\varepsilon$ is small enough.
Case 2: The continuations of $\ell^{\prime}$ and $\ell^{\prime \prime}$ intersect at a point $p \in H_{k}$. Pick polar coordinates $(r, \theta)$ such that $p$ is the center of the coordinate system. Let $J_{k}=\left\{\theta \mid \exists r\right.$ such that $\left.r e^{i \theta} \in \widetilde{\ell_{k}}\right\}$ and for every $\theta \in J_{k}$ denote by $R_{k}(\theta)$ the distance from $p$ to the intersection of $\widetilde{\ell}_{k}$ with the ray emanating from $p$ with angle $\theta$. Let $\rho:[0, \infty) \rightarrow[0, \infty)$ be a function such that $\left.\rho(x)\right|_{[0,1-\varepsilon]}=x,\left.\rho\right|_{[1, \infty)}=1$ and $0 \leq \rho^{\prime} \leq 1+\varepsilon$. Define

$$
T_{k}(r, \theta):= \begin{cases}R_{k}(\theta) \rho\left(\frac{r}{R_{k}(\theta)}\right) e^{i \theta} & \theta \in J_{k} \\ r e^{i \theta} & \text { Otherwise }\end{cases}
$$

Thus $T_{k}$ maps $H_{k}$ to $\partial H_{k}$ and $T_{k}(\Delta)=\Delta$ if $\varepsilon$ is small enough.
Case 3: The continuations of $\ell^{\prime}$ and $\ell^{\prime \prime}$ intersect at a point $p \notin$ $\boldsymbol{H}_{\boldsymbol{k}}$. Again pick polar coordinates $(r, \theta)$ such that $p$ is at the center of the coordinate system. Let $J_{k}=\left\{\theta \mid \exists r\right.$ such that $\left.r e^{i \theta} \in \widetilde{\ell_{k}}\right\}$ and for every
$\theta \in J_{k}$ denote by $R_{k}(\theta)$ the distance from $p$ to the intersection of $\widetilde{\ell_{k}}$ with the ray emanating from $p$ with angle $\theta$. Let $\rho:[0, \infty) \rightarrow[0, \infty)$ be a function such that $\left.\rho(x)\right|_{[1+\varepsilon, \infty)}=x,\left.\rho\right|_{[0,1]}=1$ and $0 \leq \rho^{\prime} \leq 1+\varepsilon$. Define:

$$
T_{k}(r, \theta):=R_{k}(\theta) \rho\left(\frac{r}{R_{k}(\theta)}\right) e^{i \theta}
$$

In this case $T_{k}$ is defined only on the open half plane containing $\Delta$ whose boundary is the line parallel to $\widetilde{\ell_{k}}$ passing through $p$. Denote this half plane by $\widetilde{H_{k}}$. The map $T_{k}$ maps $\widetilde{H_{k}}$ to $\partial H_{k}$ and $T_{k}(\Delta)=\Delta$ if $\varepsilon$ is small enough.

To get the desired pseudoretract one takes

$$
T:=T_{N} \circ \ldots T_{1} \circ S .
$$

Where $S$ is a pseudorectact on a smooth convex body containing $\Delta$ such that all $T_{k}$ are defined on it. Choosing $\varepsilon$ small enough yields the desired function.

Remark 2.5. The pseudoretract of $\mathbb{R}^{2}$ onto a polygon described above has the following property: Consider the angle opposite to the interior angle at a vertex $v$, that is, the angle formed at a vertex $v$ by continuation of the adjacent edges, and denote by $A_{v}$ the plane sector formed by it. Then, there exists $\varepsilon>0$ such that $B_{\varepsilon}(v) \cap A_{v}$ is mapped to $\{v\}$ by the pseudoretract.

## 3. The invariants $\mathrm{Pb}_{n}$

### 3.1. Definitions and Setup

Let $(M, \omega)$ be a symplectic manifold and let $X_{1}, \ldots, X_{N} \subseteq M$ a collection of compact subsets intersecting cyclically. We let $\Delta=\left(\Delta, p_{1}, \ldots, p_{N}\right)$ denote the following data:

1) $\Delta$ is a closed compact convex subset of $\mathbb{R}^{2}$ of $\operatorname{Area}(\Delta)=1$ with $\partial \Delta$ either smooth or polygonal.
2) $p_{i} \in \partial \Delta$ are marked points ordered cyclically counterclockwise.

We denote by $\gamma_{i}$ the arc along $\partial \Delta$ emanating from $p_{i}$ towards $p_{i+1}(i+1$ is computed cyclically $\bmod N$ ). To also incorporate non-compact symplectic manifolds, we define the following condition:

Definition 3.1. We say that a function $\Phi: M \rightarrow \Delta$ satisfies the (CS)condition if there exists $p=\left(p_{1}, p_{2}\right) \in \Delta$ such that $\Phi_{1}-p_{1}: M \rightarrow \mathbb{R}$ and $\Phi_{2}-p_{2}: M \rightarrow \mathbb{R}$ are both compactly supported. When $M$ is compact this is automatically satisfied for all $\Phi$.

Put:

$$
\begin{aligned}
& \mathcal{F}_{\triangle, N}^{\prime}\left(X_{1}, \ldots, X_{N}\right) \\
& \quad:=\left\{\Phi: M \rightarrow \Delta \mid \Phi \text { is }(\mathrm{CS}) \& \forall i, \exists \underset{\text { open }}{U_{i}} \supset X_{i} \text { such that } \Phi\left(U_{i}\right) \subseteq \gamma_{i}\right\} .
\end{aligned}
$$

Definition 3.2. Define:

$$
\operatorname{Pb}_{N}^{\Delta}\left(X_{1}, \ldots, X_{N}\right)=\inf _{\Phi \in \mathcal{F}_{\Delta, N}^{\prime}}\left\|\left\{\Phi_{1}, \Phi_{2}\right\}\right\|
$$

Where $\Phi_{1}, \Phi_{2}$ are the components of $\Phi: M \rightarrow \Delta \subset \mathbb{R}^{2}$, i.e. $\Phi$ is given by $\Phi(x)=\left(\Phi_{1}(x), \Phi_{2}(x)\right)$.

Also denote:

$$
\mathcal{F}_{\Delta, N}\left(X_{1}, \ldots, X_{N}\right)=\left\{\Phi: M \rightarrow \Delta \mid \Phi \text { is }(\mathrm{CS}) \& \forall i, \Phi\left(X_{i}\right) \subseteq \gamma_{i}\right\}
$$

Remark 3.3. By a method of homotheties and what we call pseudoretracts, one has:

$$
\inf _{\Phi \in \mathcal{F}_{\Delta, N}^{\prime}}\left\|\left\{\Phi_{1}, \Phi_{2}\right\}\right\|=\inf _{\Phi \in \mathcal{F}_{\triangle, N}}\left\|\left\{\Phi_{1}, \Phi_{2}\right\}\right\| .
$$

See an analogous proof in [1] for $\mathrm{pb}_{3}$, and Step 2 in the proof of Claim 3.7.

Remark 3.4. When some pieces of the data are clear from the context (for example the sets $\left(X_{1}, \ldots, X_{N}\right)$, the number of sets, etc') we omit them from the notation of Pb or $\mathcal{F}$ in favor of a less cluttered notation.

Remark 3.5. In [1] (Proposition 1.3) it is shown that the pb-invariant can also be defined in terms of bounded functions:

$$
\begin{aligned}
& \mathrm{pb}_{3}(X, Y, Z) \\
& \quad=\inf \left\{\|\{F, G\}\| \left\lvert\, \begin{array}{l}
F, G \in C_{c}^{\infty}(M), F \geq 0, G \geq 0, F+G \leq 1, \\
\exists U_{X} \supset X, U_{Y} \supset Y, U_{Z} \supset Z \text { such that } \\
\text { open } \\
\left.F\right|_{U_{X}}=0,\left.G\right|_{U_{Y}}=0,\left.(F+G)\right|_{U_{Z}}=1
\end{array}\right.\right\}, \\
& \operatorname{pb}_{4}\left(X_{0}, X_{1}, Y_{0}, Y_{1}\right) \\
& \quad=\inf \left\{\|\{F, G\}\| \left\lvert\, \begin{array}{l}
F, G \in C_{c}^{\infty}(M), 0 \leq F \leq 1,0 \leq G \leq 1 \\
\exists U_{X_{i}} \supset X_{i}, U_{Y_{i}} \supset X_{i} \text { such that } \\
\text { open } \\
\left.F\right|_{U_{X_{0}}}=0,\left.F\right|_{U_{X_{1}}}=1,\left.G\right|_{U_{Y_{0}}}=0,\left.G\right|_{U_{Y_{1}}}=1
\end{array}\right.\right\}
\end{aligned}
$$

Hence, we get that by definition, $\mathrm{pb}_{4}\left(X_{0}, X_{1}, Y_{0}, Y_{1}\right)=\mathrm{Pb}_{4}^{\Delta}\left(X_{0}, Y_{0}, X_{1}, Y_{1}\right)$ for $\Delta$ being the square with side length 1 and $p_{i}$ its vertices, and that $\mathrm{pb}_{3}(X, Y, Z)=\frac{1}{2} \mathrm{~Pb}_{3}^{\Delta}(X, Y, Z)$, where $\Delta$ is a right triangle with legs of length $\sqrt{2}$ and $p_{i}$ are its vertices. The emergence of the factor of $1 / 2$ in the formula is due to us working with the normalization of mapping into domains of area 1. Note that to deduce the above equalities for a non-compact $M$ one needs to use the methods of Proposition 3.7 and of Theorem 1 to move the point $p \in \Delta$ witnessing the (CS) condition to a position such that $p=p_{1}=(0,0)$ and only then the (CS) condition coincides with the requirement that the functions $F$ and $G$ from $\mathrm{pb}_{3}$ or $\mathrm{pb}_{4}$ have a compact support.

Claim 3.6. Let $S: \Delta_{1} \rightarrow \Delta_{2}$ be a symplectomorphism, where $\Delta_{1}, \Delta_{2}$ are domains in $\mathbb{R}^{2}$, and let $\Phi: M \rightarrow \Delta_{1}$ be a smooth map. Denote their composition by $\Psi:=S \circ \Phi: M \rightarrow \Delta_{2}$. Then:

$$
\left\{\Phi_{1}, \Phi_{2}\right\}=\left\{\Psi_{1}, \Psi_{2}\right\}
$$

Proof. This follows from the description of Poisson bracket $\left\{\Phi_{1}, \Phi_{2}\right\}$ as

$$
\left\{\Phi_{1}, \Phi_{2}\right\}=-n \frac{d \Phi_{1} \wedge d \Phi_{2} \wedge \omega^{\wedge n-1}}{\omega^{\wedge n}}
$$

and from $d \Phi_{1} \wedge d \Phi_{2}=\Phi^{*} \omega_{\mathbb{R}^{2}}$.

### 3.2. Independence of $\triangle$

We denote by $B_{\delta}(p)$ the open ball in $\mathbb{R}^{2}$ of radius $\delta$ centered at $p$. When $p$ is the origin we omit it and just write $B_{\delta}$. We denote by $B_{\delta}(p)$ the closed ball.

Proposition 3.7. For all $\Delta_{1}, \Delta_{2}$ we have

$$
\mathrm{Pb}_{N}^{\Delta_{1}}\left(X_{1}, \ldots, X_{N}\right)=P b_{N}^{\Delta_{2}}\left(X_{1}, \ldots, X_{N}\right)
$$

That is, $\mathrm{Pb}_{N}^{\Delta}$ neither depends on $\Delta$ nor on the points $p_{i} \in \partial \Delta$ as long as their cyclical order is preserved.

Proof. Step 1: Let $\Delta, \Delta^{\prime}$ denote the same domain $\Delta$ with smooth boundary, and different sets of points, $\left\{p_{i}\right\}$ and $\left\{p_{i}^{\prime}\right\}$, both ordered cyclically counterclockwise. $\partial \Delta$ is a Lagrangian submanifold in $\mathbb{R}^{2}$ and by Weinstein neighborhood theorem $\partial \Delta$ has a neighborhood $U$ symplectomorphic to a neighborhood, $V$, of the zero-section in $T^{*} \partial \Delta$, such that $\partial \Delta$ is identified with the zero section. Any vector field, $X$, along the zero section can be extended to a compactly supported Hamiltonian vector field in $V$, by setting in the canonical coordinates $(q, p), H(q, p):=p(X(q))$ and then multiplying with a suitable cutoff function. Thus by extending an appropriate vector field along $\partial \Delta$ to a Hamiltonian vector field in $\mathbb{R}^{2}$ one gets a symplectomorphism, $S$, preserving $\Delta$ and mapping each point $p_{i}$ to $p_{i}^{\prime}$. Hence, by Claim 3.6 we deduce the independence of Pb on the points $p_{i}$ when $\Delta$ has smooth boundary, and we can omit them from the notation from now on.

Step 2: We compare Pb defined with respect to $\Delta_{1}$ and Pb defined with respect to a unit disc $\overline{B_{1}}$. Let $\Phi \in \mathcal{F}_{\Delta_{1}, N}^{\prime}$. Consider the deflated disc $\overline{B_{1-\varepsilon}}$, by the Dacorogna-Moser theorem [2] (The theorem essentially states the existence of a volume-form preserving map between domains of equal total volume) there exists a symplectomorphism, $S$, mapping it to a domain in the interior of $\Delta_{1}$. Let $T$ denote some smooth $\varepsilon$-pseudoretract onto $S\left(\overline{B_{1-\varepsilon}}\right)$. Let $\mathcal{H}_{\frac{1}{1-\varepsilon}}$ be the homothety by a factor of $\frac{1}{\sqrt{1-\varepsilon}}$ (Note that we chose to denote homotheties by their effect on areas, not on length). Define:

$$
\Psi:=\mathcal{H}_{\frac{1}{1-\varepsilon}} \circ S^{-1} \circ T \circ \Phi
$$

Then, $\Psi \in \mathcal{F}_{\mathbb{D}}$, where $\mathbb{D}=\left(\overline{B_{1}},\left\{\Psi\left(p_{i}\right)\right\}\right)$, i.e the unit disc with the resulting configuration of points, $\left\{\Psi\left(p_{i}\right)\right\}$. We have:

$$
\left\|\left\{\Psi_{1}, \Psi_{2}\right\}\right\| \leq \frac{1+\varepsilon}{1-\varepsilon}\left\|\left\{\Phi_{1}, \Phi_{2}\right\}\right\|
$$

Sending $\varepsilon \rightarrow 0$ yields $P b_{N}^{\Delta_{1}} \geq \mathrm{Pb}_{N}^{\mathbb{D}}$, in light of Step 1 which takes care of the points along $\partial \Delta$.

Conversely, let $\Phi \in \mathcal{F}_{\mathbb{D}}^{\prime}$, for $\mathbb{D}=\left(\overline{B_{1}},\left\{p_{i}\right\}\right)$, with $\left\{p_{i}\right\}$ being arbitrary points along the boundary, ordered counterclockwise. Let $\mathcal{H}_{1+\varepsilon}$ be the homothety by a factor of $\sqrt{1+\varepsilon}$. Let $S$ be a symplectomorphism mapping $\overline{B_{1+\varepsilon}}$ to a domain whose interior contains $\Delta_{1}$, and let $T$ be an $\varepsilon$-pseudoretract of $\mathbb{R}^{2}$ onto $\Delta_{1}$. Define:

$$
\Psi:=T \circ S \circ \mathcal{H}_{1+\varepsilon} \circ \Phi .
$$

Then, $\Psi \in \mathcal{F}_{\Delta_{1}}$ for $\Delta_{1}=\left(\Delta_{1},\left\{\Psi\left(p_{i}\right)\right\}\right)$ and

$$
\left\|\left\{\Psi_{1}, \Psi_{2}\right\}\right\| \leq(1+\varepsilon)^{2}\left\|\left\{\Phi_{1}, \Phi_{2}\right\}\right\|
$$

Sending $\varepsilon \rightarrow 0$ yields $P b_{N}^{\Delta_{1}} \leq \mathrm{Pb}_{N}^{\mathbb{D}}$.
Step 3: If $\Phi$ satisfies (CS), then also $\Psi$ does, since $\Psi$ is obtained from $\Phi$ by postcomposition.

Step 4: By moving the points along the boundary of a disc as in Step 1 and combining with the pseudoretracts of Step 2, we deduce the independence of Pb of the points $p_{i}$ also when $\partial \Delta$ is a polygon.

Remark 3.8. Since $\mathrm{Pb}_{N}^{\Delta}$ is independent of $\Delta$, when we won't care about the details of the implementation we will suppress $\Delta$ from the notation and just write $\mathrm{Pb}_{N}$.

### 3.3. Proof of Theorem 2

We recall the statement of the theorem:
Theorem 2. For $N \geq 4$ and $X_{1}, \ldots, X_{N}$ intersecting cyclically, it holds that:

$$
\operatorname{Pb}_{N}\left(X_{1}, \ldots, X_{N}\right)=\operatorname{Pb}_{N-1}\left(X_{1}, \ldots, X_{N-1} \cup X_{N}\right)
$$

Proof. The inequality $\mathrm{Pb}_{N}\left(X_{1}, \ldots, X_{N}\right) \geq \mathrm{Pb}_{N-1}\left(X_{1}, \ldots, X_{N-1} \cup X_{N}\right)$ follows from forgetting the $n$-th point, that is, any function in $\mathcal{F}_{\Delta, N}^{\prime}\left(X_{1}, \ldots, X_{N}\right)$ automatically belongs to $\mathcal{F}_{\triangle, N-1}^{\prime}\left(X_{1}, \ldots, X_{N-1} \cup X_{N}\right)$ by definition. We now focus on proving the inequality:

$$
\operatorname{Pb}_{N}\left(X_{1}, \ldots, X_{N}\right) \leq \operatorname{Pb}_{N-1}\left(X_{1}, \ldots, X_{N-1} \cup X_{N}\right)
$$

We will use the following datum, $\Delta$, in $\mathcal{F}_{\triangle, N-1}^{\prime}\left(X_{1}, \ldots, X_{N-1} \cup X_{N}\right)$ :

- $\Delta$ is the square $[0,1] \times[0,1] \subset \mathbb{R}^{2}$.
- $p_{1}=(0,1), p_{N-1}=(1,1), p_{2}, \ldots, p_{N-2} \in[0,1] \times\{0\}$.

Recalling our notation, $\gamma_{i}$ is the arc along $\partial \Delta$ between $p_{i}$ and $p_{i+1}$ oriented counterclockwise. The proof will follow from a couple of lemmata.

Lemma 3.9. Let $\Phi \in \mathcal{F}_{\Delta, N-1}^{\prime}\left(X_{1}, \ldots, X_{N-1} \cup X_{N}\right)$. Then, for all $\varepsilon>0$ there exists $\widetilde{\Phi}: M \rightarrow \Delta$ with the following properties:

- For all $1 \leq k \leq N-2, \widetilde{\Phi}\left(X_{k}\right) \subseteq \gamma_{k}$.
- There exists $0<\delta=\delta(\varepsilon, \Phi)$ such that

$$
\begin{align*}
& \widetilde{\Phi}\left(X_{N-1}\right) \subseteq \gamma_{N-1} \backslash B_{\delta}\left(p_{1}\right)  \tag{1}\\
& \widetilde{\Phi}\left(X_{N}\right) \subseteq \gamma_{N-1} \backslash B_{\delta}\left(p_{N-1}\right) \tag{2}
\end{align*}
$$

- $\left\|\left\{\widetilde{\Phi}_{1}, \widetilde{\Phi}_{2}\right\}\right\| \leq\left\|\left\{\Phi_{1}, \Phi_{2}\right\}\right\|+\varepsilon$.

That is, we "push away" the unwanted image of $X_{N-1}$ from a neighborhood of $p_{1}$, and similarly the unwanted image $X_{N}$ from a neighborhood of $p_{N-1}$. We do so without increasing the norm of the Poisson bracket too much.

Proof. Let $\varepsilon>0$. We consider the following sets where we would like to alter the values of $\Phi$. Let $\varepsilon_{0}<\frac{1}{3}$. Set:

$$
\begin{aligned}
V_{p_{1}}^{X_{N-1}} & :=\Phi^{-1}\left(B_{\varepsilon_{0} / 2}\left(p_{1}\right)\right) \cap X_{N-1} \\
V_{p_{N-1}} & :=\Phi^{-1}\left(B_{\varepsilon_{0} / 2}\left(p_{N-1}\right)\right) \cap X_{N} .
\end{aligned}
$$

The notation is chosen to help the reader remember both that $\Phi\left(V_{p_{1}}^{X_{N-1}}\right) \subseteq B_{\varepsilon_{0} / 2}\left(p_{1}\right)$ and that $V_{p_{1}}^{X_{N-1}} \subseteq X_{N-1}$, and similarly for $V_{p_{N-1}}^{X_{N}}$.

Since $X_{1}$ and $X_{N-1}$ are closed and disjoint, there exist open sets $U_{p_{1}}^{\prime X_{N-1}}, U_{p_{1}}^{\prime \prime X_{N-1}} \subset M$ such that:

- $V_{p_{1}}^{X_{N-1}} \subseteq U_{p_{1}}^{\prime X_{N-1}} \subset \overline{U_{p_{1}}^{\prime X_{N-1}}} \subset U_{p_{1}}^{\prime \prime X_{N-1}}$.
- There exists an open neighborhood $\mathcal{O p}\left(X_{1}\right)$ such that
- $\Phi\left(U_{p_{1}}^{\prime \prime X_{N-1}}\right) \subseteq B_{\varepsilon_{0}}\left(p_{1}\right)$.


Figure 1: The set $\Delta$ and the balls around the vertices.

Fix a smooth cut-off function, $\rho_{1}: M \rightarrow[0,1]$, such that $\left.\rho_{1}\right|_{U^{\prime} p_{1}} ^{X_{N-1}} \equiv 1$ and $\left.\left.\rho_{1}\right|_{\left(U^{\prime \prime} p_{1} x_{N-1}\right.}\right)^{c} \equiv 0$.

Similarly, Since $X_{N}, X_{N-2}$ are closed and disjoint, there exist open sets $U_{p_{N-1}}^{\prime X_{N}}, U_{p_{N-1}}^{\prime \prime X_{N}} \subset M$ such that:

- $V_{p_{N-1}}^{X_{N}} \subseteq U_{p_{N-1}}^{\prime X_{N}} \subset \overline{U_{p_{N-1}}^{\prime X_{N}}} \subset U_{p_{N-1}}^{\prime \prime X_{N}}$.
- There exists an open neighborhood $\mathcal{O} p\left(X_{N-2}\right)$ such that

$$
\overline{U_{p_{N-1}}^{\prime \prime X_{N}}} \cap \mathcal{O} p\left(X_{N-2}\right)=\emptyset
$$

- $\Phi\left(U_{p_{N-1}}^{\prime \prime X_{N}}\right) \subseteq B_{\varepsilon_{0}}\left(p_{N-1}\right)$.

Fix a smooth cut-off function, $\rho_{N-1}: M \rightarrow[0,1]$, such that $\left.\rho_{N-1}\right|_{U_{p_{N-1}^{\prime}}^{\prime}} \equiv 1$ and $\left.\left.\rho_{N-1}\right|_{\left(U^{\prime \prime}{ }_{p_{N-1}}\right)^{X_{N}}}\right)^{c} \equiv 0$.

For any $\delta$ such that $0<\delta<\frac{\varepsilon_{0}}{2}$ consider $\widetilde{\Phi}_{\delta}: M \rightarrow \Delta$ defined by:

$$
\widetilde{\Phi}_{\delta}(x):=\left(\Phi_{1}(x)+\delta \rho_{1}(x)-\delta \rho_{N-1}(x), \Phi_{2}(x)\right) .
$$

Let us verify the desired properties of $\widetilde{\Phi}_{\delta}$.
Claim 3.10. $\widetilde{\Phi}_{\delta}\left(X_{N-1}\right) \subseteq B_{\delta}\left(p_{1}\right)^{c}$ and $\widetilde{\Phi}_{\delta}\left(X_{N}\right) \subseteq B_{\delta}\left(p_{N-1}\right)^{c}$.
Proof. We verify the first inclusion as the second is analogous. Let $x \in X_{N-1}$. We denote by $\Phi(x)=(a, b) \in \mathbb{R}^{2}$ its image under $\Phi$. Since
$\Phi \in \mathcal{F}_{\triangle, N-1}^{\prime}\left(X_{1}, \ldots, X_{N-1} \cup X_{N}\right)$, by definition we have $\Phi\left(X_{N-1}\right) \subseteq \gamma_{N-1}$, so $b=1$ and $0 \leq a \leq 1$. Now let us analyze $\widetilde{\Phi}_{\delta}(x)$ by cases:

$$
\widetilde{\Phi}_{\delta}(x)=\left(a+\delta \rho_{1}(x)-\delta \rho_{N-1}(x), 1\right)
$$

- If $a \geq \varepsilon_{0}$ then:

$$
a+\delta \rho_{1}(x)-\delta \rho_{N-1}(x) \geq \varepsilon_{0}+0-\delta \geq \varepsilon_{0}-\varepsilon_{0} / 2=\varepsilon_{0} / 2>\delta
$$

- If $a<\varepsilon_{0}$, then $\Phi(x) \in B_{\varepsilon_{0}}\left(p_{1}\right)$. Now, since $\Phi\left(U_{p_{N-1}}^{\prime \prime X_{N}}\right) \subseteq B_{\varepsilon_{0}}\left(p_{N-1}\right)$ and since $B_{\varepsilon_{0}}\left(p_{1}\right) \cap B_{\varepsilon_{0}}\left(p_{N-1}\right)=\emptyset$, it follows that $x \in U_{N-1}^{\prime \prime}{ }^{c}$. Recalling that $\left.\left.\rho_{N-1}\right|_{\left(U^{\prime \prime}{ }_{p} x_{N-1}\right.}\right)^{c} \equiv 0$ we obtain:

$$
a+\delta \rho_{1}(x)-\delta \rho_{N-1}(x)=a+\delta \rho_{1}(x)
$$

and again we argue case by case:

- If $\varepsilon_{0} / 2 \leq a<\varepsilon_{0}$, then $a+\delta \rho_{1}(x) \geq a \geq \varepsilon_{0} / 2>\delta$.
- If $a<\varepsilon_{0} / 2$, then $x \in V_{p_{1}}^{X_{N-1}}$, therefore $\rho_{1}(x)=1$, thus $a+\delta \rho_{1}(x)=$ $a+\delta \geq \delta$
In either case, $\widetilde{\Phi}_{\delta}(x)=(\alpha, 1) \in \mathbb{R}^{2}$ for some $\alpha \geq \delta$, therefore $\widetilde{\Phi}_{\delta}(x) \in B_{\delta}\left(p_{1}\right)^{c}$, hence $\widetilde{\Phi}_{\delta}\left(X_{N-1}\right) \subseteq B_{\delta}\left(p_{1}\right)^{c}$, completing the proof.

Claim 3.11. $\widetilde{\Phi}_{\delta}\left(X_{N-1} \cup X_{N}\right) \subseteq \gamma_{N-1}$.
Proof. We have to check that $\widetilde{\Phi}_{\delta}\left(X_{N-1} \cup X_{N}\right)$ does not contain points lying to the left of $p_{1}$ or to the right of $p_{N-1}$. We check for $X_{N-1}$ with respect to $p_{N-1}$ as the argument for $x \in X_{N}$ is analogous. Let $x \in X_{N-1}$. Keeping the notations from the proof of Claim 3.10 we have

$$
\widetilde{\Phi}_{\delta}(x)=\left(a+\delta \rho_{1}(x)-\delta \rho_{N-1}(x), 1\right)
$$

The argument divides according to the value of $a$.

- If $0 \leq a \leq 1-\varepsilon_{0}$, then since $\delta<\frac{\varepsilon_{0}}{2}$, we have:

$$
a+\delta \rho_{1}(x)-\delta \rho_{N-1}(x) \leq 1-\varepsilon_{0}+\delta-0 \leq 1-\varepsilon_{0}+\varepsilon_{0} / 2<1
$$

- If $1-\varepsilon_{0}<a \leq 1$, then $\widetilde{\Phi}_{\delta}(x) \in B_{\varepsilon_{0}}\left(p_{N-1}\right)$. Now, since
$B_{\varepsilon_{0}}\left(p_{1}\right) \cap B_{\varepsilon_{0}}\left(p_{N-1}\right)=\emptyset$, and since $\Phi\left(U_{1}^{\prime \prime}\right) \subset B_{\varepsilon_{0}}\left(p_{1}\right)$, it follows that $x \in U_{1}^{\prime \prime c}$. Recalling that $\left.\rho_{1}\right|_{U_{1}^{\prime \prime c}} \equiv 0$ we have:

$$
a+\delta \rho_{1}(x)-\delta \rho_{N-1}(x)=a-\delta \rho_{N-1}(x) \leq 1
$$

We have shown that $\widetilde{\Phi}_{\delta}(x)=(\alpha, 1)$ where $0 \leq \alpha \leq 1$, thus $\widetilde{\Phi}_{\delta}(x) \in \gamma_{N-1}$.
Combining Claims 3.10 and 3.11 we deduce that for all $\delta<\frac{\varepsilon_{0}}{2}$ Equations (1) \& (2) hold. Next we validate:

## Claim 3.12.

$$
\begin{aligned}
\widetilde{\Phi}_{\delta}\left(X_{1}\right) & =\Phi\left(X_{1}\right) \subseteq \gamma_{1} \\
\widetilde{\Phi}_{\delta}\left(X_{N-2}\right) & =\Phi\left(X_{N-2}\right) \subseteq \gamma_{N-2}
\end{aligned}
$$

Proof. We verify the claim for $X_{1}$ as the verification for $X_{N-2}$ is analogous. The claim will follow from $\left.\left.\rho_{1}\right|_{\left(U^{\prime \prime} p_{1}\right.} ^{X_{N-1}}\right)^{c} \equiv 0$ and $\left.\left.\rho_{N-1}\right|_{\left(U^{\prime \prime} p_{N-1}\right)_{N}}\right)^{c} \equiv 0$. Let $x \in X_{1}$. Since

$$
\Phi\left(X_{1}\right) \cap B_{\varepsilon_{0}}\left(p_{N-1}\right) \subset \gamma_{1} \cap B_{\varepsilon_{0}}\left(p_{N-1}\right)=\emptyset
$$

and since $\Phi\left(U_{p_{N-1}}^{\prime \prime X_{N}}\right) \subseteq B_{\varepsilon_{0}}\left(p_{N-1}\right)$, we have $X_{1} \subseteq\left(U_{p_{N-1}}^{\prime \prime X_{N}}\right)^{c}$, hence
 so $X_{1} \subseteq\left(U_{p_{1}}^{\prime \prime X_{N-1}}\right)^{c}$, hence also $\left.\rho_{1}\right|_{X_{1}} \equiv 0$. Therefore:

$$
\begin{aligned}
\widetilde{\Phi}_{\delta}(x) & =\left(\Phi_{1}(x)+\delta \rho_{1}(x)-\delta \rho_{N-1}(x), \Phi_{2}(x)\right) \\
& =\left(\Phi_{1}(x)+0-0, \Phi_{2}(x)\right)=\left(\Phi_{1}(x), \Phi_{2}(x)\right)=\Phi(x)
\end{aligned}
$$

Last, we verify the following claim:

## Claim 3.13.

$$
\begin{aligned}
\widetilde{\Phi}_{\delta}\left(X_{2}\right) & =\Phi\left(X_{2}\right) \subseteq \gamma_{2} \\
\vdots & \\
\widetilde{\Phi}_{\delta}\left(X_{N-3}\right) & =\Phi\left(X_{N-3}\right) \subseteq \gamma_{N-3} .
\end{aligned}
$$

Proof. Let $2 \leq k \leq N-3$ and let $x \in X_{k}$. Since

$$
\Phi \in \mathcal{F}_{\triangle, N-1}^{\prime}\left(X_{1}, \ldots, X_{N-1} \cup X_{N}\right)
$$

by definition we have $\Phi(x) \in \gamma_{k} \subseteq[0,1] \times\{0\}$. The segment $[0,1] \times$ $\{0\}$ is disjoint from the union of balls $B_{\varepsilon_{0}}\left(p_{1}\right) \cup B_{\varepsilon_{0}}\left(p_{N-1}\right)$ and
since $\Phi\left(U_{p_{1}}^{\prime \prime X_{N-1}}\right) \subseteq B_{\varepsilon_{0}}\left(p_{1}\right)$ and $\Phi\left(U_{p_{N-1}}^{\prime \prime X_{N}}\right) \subseteq B_{\varepsilon_{0}}\left(p_{N-1}\right)$, we deduce that $x \in\left(U_{p_{1}}^{\prime \prime X_{N-1}}\right)^{c} \cap\left(U_{p_{N-1}}^{\prime \prime X_{N}}\right)^{c}$. Recalling that $\left.\left.\rho_{1}\right|_{\left(U^{\prime \prime}{ }_{p_{1}}^{X_{N-1}}\right.}\right)^{c} \equiv 0$ and $\left.\left.\rho_{N-1}\right|_{\left(U^{\prime \prime}{ }_{p} \bar{x}_{N-1}\right.}\right)^{c} \equiv 0$ we compute:

$$
\begin{aligned}
\widetilde{\Phi}_{\delta}(x) & =\left(\Phi_{1}(x)+\delta \rho_{1}(x)-\delta \rho_{N-1}(x), \Phi_{2}(x)\right) \\
& =\left(\Phi_{1}(x)+0-0, \Phi_{2}(x)\right)=\left(\Phi_{1}(x), \Phi_{2}(x)\right)=\Phi(x)
\end{aligned}
$$

To conclude the proof we compute $\left\|\left\{\widetilde{\Phi}_{\delta, 1}, \widetilde{\Phi}_{\delta, 2}\right\}\right\|$ :

$$
\begin{aligned}
& \left\|\left\{\widetilde{\Phi}_{\delta, 1}, \widetilde{\Phi}_{\delta, 2}\right\}\right\|=\left\|\left\{\Phi_{1}+\delta \rho_{1}(x)-\delta \rho_{N-1}(x), \Phi_{2}\right\}\right\| \\
\leq & \left\|\left\{\Phi_{1}, \Phi_{2}\right\}\right\|+\delta\left\|\left\{\rho_{1}, \Phi_{2}\right\}\right\|+\delta\left\|\left\{\rho_{N-1}, \Phi_{2}\right\}\right\| \xrightarrow{\delta \rightarrow 0}\left\|\left\{\Phi_{1}, \Phi_{2}\right\}\right\|
\end{aligned}
$$

Thus the lemma is proven by picking $\widetilde{\Phi}:=\widetilde{\Phi}_{\delta_{0}}$ for

$$
\delta_{0}<\min \left\{\frac{\varepsilon_{0}}{2}, \frac{\varepsilon}{2}\left(\left\|\left\{\rho_{1}, \Phi_{2}\right\}\right\|+\left\|\left\{\rho_{N-1}, \Phi_{2}\right\}\right\|\right)^{-1}\right\}
$$

Next we prove:
Lemma 3.14. Let $\widetilde{\Phi}:=\widetilde{\Phi}_{\delta_{0}}$ obtained from Lemma 3.9. Then, for all $\varepsilon>0$ there exists $\widehat{\Phi}: M \rightarrow \Delta$ with the following properties:

- There exist $N$ points on $\partial \Delta$, denoted $p_{1}^{\prime}, \ldots, p_{N}^{\prime}$, defining arcs, $\gamma_{1}^{\prime}, \ldots$, $\gamma_{N}^{\prime}$, such that for all $1 \leq k \leq N, \widehat{\Phi}\left(X_{k}\right) \subseteq \gamma_{k}^{\prime}$.
- $\left\|\left\{\widehat{\Phi}_{1}, \widehat{\Phi}_{2}\right\}\right\| \leq \frac{1+\varepsilon}{1-\varepsilon}\left\|\left\{\widetilde{\Phi}_{1}, \widetilde{\Phi}_{2}\right\}\right\|$.

Proof. The strategy of the proof is to compose $\widetilde{\Phi}$ with a pseudoretract onto a square that maps the segment $\gamma_{N-1} \backslash\left(B_{\delta}\left(p_{1}\right) \cup B_{\delta}\left(p_{N-1}\right)\right)$ to a vertex, which will become the new point, $p_{N}^{\prime}$. Namely, we seek to contract to a point the problematic segment where the overlap of $\widetilde{\Phi}\left(X_{N}\right)$ and $\widetilde{\Phi}\left(X_{N-1}\right)$ occurs. The set $X_{N}$ is then mapped to the left of $p_{N}^{\prime}$ and $X_{N-1}$ is mapped to the right of $p_{N}^{\prime}$, while we maintain control on how much the Poisson bracket is increased. Recall Remark 2.5. The pseudoretract of $\mathbb{R}^{2}$ onto a square, described in Proposition 2.4 has the property of mapping a sector spanned by the opposite angle to the interior angle at a vertex to that vertex. See Figure 2.

Let $\varepsilon>0$ and consider a square of side length $1-\varepsilon$ which we denote by

$$
\Delta_{2}:=[0,1-\varepsilon] \times[0,1-\varepsilon]
$$

Let $S$ be a symplectomorphism mapping $\Delta$ to a subset $S(\Delta) \subset \mathbb{R}^{2}$ such that

- $\Delta_{2}$ is contained in the interior of $S(\Delta)$.
- The arc $S\left(\gamma_{N-1} \backslash\left(B_{\delta}\left(p_{1}\right) \cup B_{\delta}\left(p_{N-1}\right)\right)\right)$ lies inside the sector $A_{v}$ spanned by the opposing angle to the interior angle at the vertex ( $1-\varepsilon, 1-\varepsilon$ ), with its boundary points lying on the line extensions of the edges of $\Delta_{2}$ adjacent to $v$.


Figure 2: The configuration of the arcs and the angle $A_{v}$.
Let $T$ be an $\varepsilon$-pseudoretract onto $\Delta_{2}$, and let $\mathcal{H}_{\frac{1}{1-\varepsilon}}$ be the homothety by a factor of $\frac{1}{\sqrt{1-\varepsilon}}$, Define

$$
\widehat{\Phi}:=\mathcal{H}_{\frac{1}{1-\varepsilon}} \circ T \circ S \circ \widetilde{\Phi}
$$

Then,

$$
\begin{aligned}
\left\|\left\{\widehat{\Phi}_{1}, \widehat{\Phi}_{2}\right\}\right\| & \leq \frac{1+\varepsilon}{1-\varepsilon}\left\|\left\{S \circ \widetilde{\Phi}_{1}, S \circ \widetilde{\Phi}_{2}\right\}\right\| \\
& \leq \frac{1+\varepsilon}{1-\varepsilon}\left\|\left\{\widetilde{\Phi}_{1}, \widetilde{\Phi}_{2}\right\}\right\| \xrightarrow{\varepsilon \rightarrow 0}\left\|\left\{\widetilde{\Phi}_{1}, \widetilde{\Phi}_{2}\right\}\right\|
\end{aligned}
$$

We then define the points $p_{i}^{\prime}$ by $p_{i}^{\prime}:=\mathcal{H}_{\frac{1}{1-\varepsilon}} \circ T \circ S\left(p_{i}\right) \in \partial \Delta_{2}$ for $1 \leq i \leq$ $N-1$ and $p_{N}^{\prime}:=v \in \partial \Delta_{2}$. By our construction, for all $1 \leq k \leq N$ it holds that $\widehat{\Phi}\left(X_{k}\right) \subseteq \gamma_{k}$, completing the proof.

To conclude the theorem's proof, WLOG one can assume that $\Phi$ satisfies $(\mathrm{CS})$ with respect to a point $p \in \Delta \backslash\left(B_{\delta}\left(p_{1}\right) \cup B_{\delta}\left(p_{N-1}\right)\right)$, otherwise we use the methods of Proposition 3.7 to move $p$ outside these balls. Lemmata 3.9 and 3.14 alter $\Phi$ by post-compositions, so the (CS) condition is preserved. Hence, the function $\widehat{\Phi}$ constructed in Lemma 3.14 is admissible for $\mathrm{Pb}_{N}^{\Delta_{2}}$ where $\Delta_{2}=\left([0,1] \times[0,1],\left\{p_{1}^{\prime}, \ldots, p_{N}^{\prime}\right\}\right)$, and by choosing $\delta \rightarrow 0$ and $\varepsilon \rightarrow 0$ small enough, the theorem follows.

### 3.4. Proof of Theorem 3

The invariant $\mathrm{Pb}_{X}$ satisfies monotonicity and semi-continuity properties similarly to $\mathrm{pb}_{n}$ in [1].

Proposition 3.15. Monotonicity: Let $X, Y$ be two compact sets such that $X \subseteq Y$. Denote by $i: X \hookrightarrow Y$ the inclusion map. Then, for any class $\alpha \in H^{1}(Y ; \mathbb{Z})$ we have:

$$
\mathrm{Pb}_{X}\left(i^{*} \alpha\right) \leq \mathrm{Pb}_{Y}(\alpha) .
$$

Proof. Any function $\Phi: M \rightarrow \overline{B_{1}}$ admissible for $\operatorname{Pb}_{Y}(\alpha)$ is also admissible for $\mathrm{Pb}_{X}\left(i^{*} \alpha\right)$

Proposition 3.16. Semicontinuity: Let $X$ be a compact subset of a symplectic manifold $M$. Fix a class $\alpha \in H^{1}(X ; \mathbb{Z})$ and consider an extension of it to a neighborhood, $U_{X}$, of $X$, denoted by $\bar{\alpha} \in H^{1}\left(U_{X} ; \mathbb{Z}\right)$, which exists by Proposition 4.1. Let $X_{n}$ be a sequence of compact sets contained in $U_{X}$, converging to $X$ in the Hausdorff distance. The class $\bar{\alpha}$ determines a class in $H^{1}\left(X_{n} ; \mathbb{Z}\right)$ by pullback along the inclusion $X_{n} \hookrightarrow U_{X}$, which we denote by $\left.\bar{\alpha}\right|_{X_{n}}$. Then,

$$
\limsup _{n \rightarrow \infty} \mathrm{~Pb}_{X_{n}}\left(\left.\bar{\alpha}\right|_{X_{n}}\right) \leq \mathrm{Pb}_{X}(\alpha)
$$

Proof. For any function $\Phi: M \rightarrow \overline{B_{1}}$ admissible for $\operatorname{Pb}_{X}(\alpha)$ there exists $N$ such that for all $n \geq N, \Phi$ is also admissible for $\mathrm{Pb}_{X_{n}}(\bar{\alpha})$. This is because there exists a neighborhood of $X, U_{\Phi}$, such that $\Phi\left(U_{\Phi}\right) \subset S^{1}$ and $\left[\left.\Phi\right|_{U_{\Phi}}\right]=$ $\left.\bar{\alpha}\right|_{U_{\Phi}}$ (by Proposition 4.1) and there exists $N$ such that for all $n>N, X_{n} \subset$ $U_{\Phi}$.

Corollary 3.17. Let $X$ be a compact set in a symplectic manifold $M$, and let $X_{n}$ be a monotone decreasing sequence of compact sets (namely $X_{n+1} \subseteq X_{n}$ ), containing $X$, converging in the Hausdorff distance to $X$. Fix $\alpha \in H^{1}(X ; \mathbb{Z})$ and consider an extension of it to a neighborhood $U_{X}$ of $X$, denoted by $\bar{\alpha} \in H^{1}\left(U_{X} ; \mathbb{Z}\right)$, which exists by Proposition 4.1. Then,

$$
\lim _{n \rightarrow \infty} \operatorname{Pb}_{X_{n}}\left(\left.\bar{\alpha}\right|_{X_{n}}\right)=\operatorname{Pb}_{X}(\alpha)
$$

Proof. By the monotonicity property we have that $\operatorname{Pb}_{X_{n}}\left(\left.\bar{\alpha}\right|_{X_{n}}\right)$ is a monotone decreasing sequence of numbers bounded below by $\operatorname{Pb}_{X}\left(\left.\bar{\alpha}\right|_{X}\right)=\operatorname{Pb}_{X}(\alpha)$, therefore it converges. On the other hand we have from semi-continuity that

$$
\lim _{n \rightarrow \infty} \mathrm{~Pb}_{X_{n}}\left(\left.\bar{\alpha}\right|_{X_{n}}\right)=\limsup _{n \rightarrow \infty} \mathrm{~Pb}_{X_{n}}\left(\left.\bar{\alpha}\right|_{X_{n}}\right) \leq \mathrm{Pb}_{X}(\alpha)
$$

Completing the proof.
For brevity and to avoid cumbersome notation we describe the proof of Theorem 3 for $N=3$; the proof for any $N$ is similar. We prove the following proposition:

Proposition 3.18. Let $X_{1}, X_{2}, X_{3}$ be a triplets of compact subsets in a symplectic manifold, $M$, such that $X_{1} \cap X_{2} \cap X_{3}=\emptyset$. Let $K_{n}$ be a decreasing sequence of compact neighborhoods of $X_{1} \cap X_{3}$ converging to $X_{1} \cap X_{3}$ in the Hausdorff distance, and moreover assume that $K_{1} \cap X_{2}=\emptyset$. Then,

1) The following limit exists:

$$
\lim _{K_{n} \backslash X_{1} \cap X_{3}} \mathrm{~Pb}_{4}\left(\overline{X_{1} \backslash K_{n}}, X_{2}, \overline{X_{3} \backslash K_{n}}, K_{n}\right)
$$

2) $\lim _{K_{n} \backslash X_{1} \cap X_{3}} \mathrm{~Pb}_{4}\left(\overline{X_{1} \backslash K_{n}}, X_{2}, \overline{X_{3} \backslash K_{n}}, K_{n}\right)=\mathrm{Pb}_{3}\left(X_{1}, X_{2}, X_{3}\right)$.

Remark 3.19. Ideally, one would like to take $\overline{X_{1} \backslash X_{3}}, X_{2}, \overline{X_{3} \backslash X_{1}}$ and $X_{1} \cap X_{3}$ as the quadruplet of sets for $\mathrm{Pb}_{4}$ in the proposition, but this quadruplet might not satisfy $\left(\overline{X_{1} \backslash X_{3}}\right) \cap\left(\overline{X_{3} \backslash X_{1}}\right)=\emptyset$. Therefore we have to approximate $X_{1} \cap X_{3}$ from outside by compact neighborhoods.

Remark 3.20. The sequences of sets, $\overline{X_{1} \backslash K_{n}}$ and $\overline{X_{3} \backslash K_{n}}$, are monotone increasing, and the sequence $K_{n}$ is monotone decreasing, thus one cannot directly apply [1]'s monotonicity statement for this quadruplet. Nevertheless, the union, $Z_{n}=X_{1} \cup X_{2} \cup X_{3} \cup K_{n}$, is indeed monotone decreasing so we can proceed with monotonicity of $\mathrm{Pb}_{Z_{n}}$ :

Proof. By Theorem 2;

$$
\mathrm{Pb}_{4}\left(\overline{X_{1} \backslash K_{n}}, X_{2}, \overline{X_{3} \backslash K_{n}}, K_{n}\right)=\mathrm{Pb}_{3}\left(\overline{X_{1} \backslash K_{n}}, X_{2}, \overline{X_{3} \backslash K_{n}} \cup K_{n}\right)
$$

and by Theorem 4:

$$
\mathrm{Pb}_{3}\left(\overline{X_{1} \backslash K_{n}}, X_{2}, \overline{X_{3} \backslash K_{n}} \cup K_{n}\right)=\mathrm{Pb}_{Z_{n}}\left(\left[f_{n}\right]\right)
$$

where $Z_{n}:=X_{1} \cup X_{2} \cup X_{3} \cup K_{n}$ and $f_{n}$ is a function, $f_{n}: Z_{n} \rightarrow S^{1}$, such that:

$$
f_{n}\left(\overline{X_{1} \backslash K_{n}}\right) \subseteq \gamma_{1}, \quad f_{n}\left(X_{2}\right) \subseteq \gamma_{2}, \quad f_{n}\left(\overline{X_{3} \backslash K_{n}} \cup K_{n}\right) \subseteq \gamma_{3}
$$

We note that $\overline{X_{3} \backslash K_{n}} \cup K_{n}=X_{3} \cup K_{n}$ and that we can choose $f_{n}=\left.g\right|_{Z_{n}}$ where $g: Z_{1} \rightarrow S^{1}$ is a function such that

$$
\forall i, g\left(X_{i}\right) \subseteq \gamma_{i} \text { and } g\left(K_{1}\right)=\gamma_{1} \cap \gamma_{3}
$$

Therefore $\mathrm{Pb}_{Z_{n}}\left(\left[f_{n}\right]\right)=\mathrm{Pb}_{Z_{n}}\left(\left[\left.g\right|_{Z_{n}}\right]\right)$ and by Corollary 3.17;

$$
\lim _{n \rightarrow \infty} \mathrm{~Pb}_{Z_{n}}\left(\left[\left.g\right|_{Z_{n}}\right]\right)=\mathrm{Pb}_{Z}\left(\left[\left.g\right|_{Z}\right]\right)
$$

where $Z=X_{1} \cup X_{2} \cup X_{3}$.
Finally, by Theorem 4, $\mathrm{Pb}_{Z}\left(\left[\left.g\right|_{Z}\right]\right)=\mathrm{Pb}_{3}\left(X_{1}, X_{2}, X_{3}\right)$.

## 3.5. $\mathrm{pb}_{3}$ and Dynamics

The above proposition, expressing $\mathrm{Pb}_{3}$ as a limit of $\mathrm{Pb}_{4} \mathrm{~s}$, yields a dynamical interpretation of $\mathrm{pb}_{3}\left(X_{1}, X_{2}, X_{3}\right)$ in terms of Hamiltonian chords connecting $X_{1} \backslash X_{3}$ and $X_{3} \backslash X_{1}$ for flows of functions which are bounded below by 1 near $X_{2}$ and bounded above by 0 near $X_{3} \cap X_{1}$, in a similar fashion to the dynamical interpretation given for $\mathrm{pb}_{4}$ in [1]. Recall that $1 / \mathrm{pb}_{4}\left(X_{0}, X_{1}, Y_{0}, Y_{1}\right)$ has the following dynamical interpretation (Note that in $\mathrm{pb}_{4}$ we do not use the cyclical notation for the sets):

Theorem ([1] 1.10). Let $X_{0}, X_{1}, Y_{0}, Y_{1} \subset M$ be a quadruplet of compact sets such that $X_{0} \cap X_{1}=Y_{0} \cap Y_{1}=\emptyset$ and $1 / \mathrm{pb} 4\left(X_{0}, X_{1}, Y_{0}, Y_{1}\right)=p>0$. Let $G \in$ $C_{c}^{\infty}(M)$ be a Hamiltonian with $\left.G\right|_{Y_{0}} \leq 0$ and $\left.G\right|_{Y_{1}} \geq 1$ generating a Hamiltonian flow $g_{t}$. Then, there exists a Hamiltonian chord of time-length $\leq p$ going from $X_{1}$ to $X_{0}$ or from $X_{0}$ to $X_{1}$.

We now show the following (slightly weaker due to noncompactness of $X_{3} \backslash X_{1}$ and $X_{1} \backslash X_{3}$ ) analogue for $\mathrm{pb}_{3}$ :

Corollary 3.21. Let $X_{1}, X_{2}, X_{3}$ be a triplets of compact subsets in a symplectic manifold, $M$, such that $X_{1} \cap X_{2} \cap X_{3}=\emptyset$. Let $G \in C_{c}^{\infty}$ be a Hamiltonian $G: M \rightarrow \mathbb{R}$ such that $\left.G\right|_{X_{2}} \leq 0$ and $\left.G\right|_{X_{1} \cap X_{3}} \geq 1$.
Assume $p_{0}:=\frac{1}{2 \operatorname{pb}_{3}\left(X_{1}, X_{2}, X_{3}\right)}>0$. Then, for all $p>p_{0}$ there exists a trajectory of the Hamiltonian flow of $G$ of time-length $\leq p$ going from $X_{3} \backslash X_{1}$ to $X_{1} \backslash X_{3}$ or from $X_{1} \backslash X_{3}$ to $X_{3} \backslash X_{1}$.

Proof. By Theorem 3, for every $\varepsilon>0$ there exists a compact set, $K_{\varepsilon}$, such that $X_{1} \cap X_{3} \subset K_{\varepsilon}$ and

$$
1 /\left(2 \mathrm{pb}_{3}\left(X_{1}, X_{2}, X_{3}\right)\right)-\varepsilon \leq 1 / \mathrm{pb}_{4}\left(\overline{X_{1} \backslash K_{\varepsilon}}, X_{2}, \overline{X_{3} \backslash K_{\varepsilon}}, K_{\varepsilon}\right) \leq 1 /\left(2 \mathrm{pb}_{3}\left(X_{1}, X_{2}, X_{3}\right)\right) .
$$

Pick $\varepsilon>0$ such that $1 / \mathrm{pb}_{4}\left(\overline{X_{1} \backslash K_{\varepsilon}}, X_{2}, \overline{X_{3} \backslash K_{\varepsilon}}, K_{\varepsilon}\right) \geq p_{0}-\varepsilon>0$. For any $\delta>0$ there exists a compact set $K_{\varepsilon, \delta}$ such that $X_{1} \cap X_{3} \subseteq K_{\varepsilon, \delta} \subseteq K_{\varepsilon}$ and $\left.G\right|_{K_{\varepsilon, \delta}} \geq$ $1-\delta$. We have that:

$$
0<1 / \mathrm{pb}_{4}\left(\overline{X_{1} \backslash K_{\varepsilon}}, X_{2}, \overline{X_{3} \backslash K_{\varepsilon}}, K_{\varepsilon}\right) \leq 1 / \mathrm{pb}_{4}\left(\overline{X_{1} \backslash K_{\varepsilon}, \delta}, X_{2}, \overline{X_{3} \backslash K_{\varepsilon, \delta}}, K_{\varepsilon, \delta}\right) \leq p_{0} .
$$

Consider $\frac{G}{1-\delta}$, it is a Hamiltonian such that $\left.\frac{G}{1-\delta}\right|_{X_{2}} \leq 0$ and $\left.\frac{G}{1-\delta}\right|_{K_{\varepsilon, \delta}} \geq 1$, and thus from the positivity of $\mathrm{pb}_{4}\left(\overline{X_{1} \backslash K_{\varepsilon, \delta}}, X_{2}, \overline{X_{3} \backslash K_{\varepsilon, \delta}}, K_{\varepsilon, \delta}\right)$ there exists a Hamiltonian chord of $\frac{G}{1-\delta}$ connecting $\overline{X_{1} \backslash K_{\varepsilon, \delta}}$ and $\overline{X_{3} \backslash K_{\varepsilon, \delta}}$ (in some direction) with time-length $\leq p_{0}$, Therefore, by rescaling we get a chord of $G$ connecting the same sets with time-length $\leq \frac{p_{0}}{1-\delta}$. Picking $\delta$ small enough such that $\frac{p_{0}}{1-\delta}<p$ finishes the proof.

## 4. The invariant $\mathrm{Pb}_{X}(\alpha)$

### 4.1. Setup

For a topological space $X$, denote by $\left[X: S^{1}\right]$ the set of homotopy classes of continuous maps from $X$ to $S^{1}$. If $Z \subset X$ is a subspace, then restriction (of functions and of homotopies) induces a map $\left[X: S^{1}\right] \rightarrow\left[Z: S^{1}\right]$. Given a compact subset $X \subset M$ of a manifold $M$ we define:

$$
\mathcal{N} H^{1}(X):=\underset{U \supseteq X}{\lim }\left[U: S^{1}\right] .
$$

Where the limit is taken on the directed system of open sets $U$ containing $X$. The notation $H^{1}$ is suggestive of the well known isomorphism $H^{1}(X ; \mathbb{Z}) \cong$
[ $X: S^{1}$ ], due to $S^{1}$ being a $K(\mathbb{Z}, 1)$ space, and where the cohomology is Cech cohomology of the constant sheaf $\mathbb{Z}$. (The isomorphism is proven in [6]). $\mathcal{N}$ stands for $\mathcal{N}$ eighborhood. Restriction of maps to $X$ induces a map $\rho: \mathcal{N} H^{1}(X) \rightarrow\left[X: S^{1}\right]$. Moreover, in light of the isomorphism with cohomology, the sets $\left[U: S^{1}\right]$ admit a group structure, and all the maps induced by restriction to subsets are in fact group homomorphisms. Moreover, since $S^{1}$ is a topological group, the group structure on [ $U: S^{1}$ ] is induced from the group structure on $S^{1}$. See Chapter 22 in [5] for details on EilenbergMacLane spaces and their relation to cohomology.

Proposition 4.1. The map $\rho$ defined above is both surjective and injective, i.e. an isomorphism of groups.

Proof. We begin with surjectivity of $\rho$. Consdier $S^{1}$ embedded in $\mathbb{R}^{2}$ as the unit circle. Let $[\varphi] \in\left[X: S^{1}\right]$, that is $\varphi: X \rightarrow S^{1} \subset \mathbb{R}^{2}$, and denote $\varphi(x)=$ $\left(\varphi_{1}(x), \varphi_{2}(x)\right)$ where each $\varphi_{i}$ is a map $\varphi_{i}: X \rightarrow \mathbb{R}$. Since $X$ is closed in $M$, by the Tietze extension theorem, each $\varphi_{i}$ extends to a continuous function $\widetilde{\varphi}: M \rightarrow \mathbb{R}$, which together define $\widetilde{\varphi}: M \rightarrow \mathbb{R}^{2}$. Let $B_{1 / 2} \subset \mathbb{R}^{2}$ be an open ball of radius $\frac{1}{2}$ centered at the origin. There exists a retract $\psi: R^{2} \backslash B_{1 / 2} \rightarrow$ $S^{1}$. Consider $M \backslash \overline{\varphi^{-1}(B)}$ which is an open neighborhood of $X$. Then, $\psi \circ$ $\widetilde{\varphi}: M \backslash \overline{\varphi^{-1}(B)} \rightarrow S^{1}$ is an extension of $\varphi$ to an open neighborhood of $X$, inducing an element $[\psi \circ \widetilde{\varphi}] \in \mathcal{N} H^{1}(X)$ such that $\rho([\psi \circ \widetilde{\varphi}])=[\varphi]$.
Next we prove injectivity of $\rho$. We need to show the following statement: Let $U$ be an open neighborhood of $X$ and let $\varphi_{0}, \varphi_{1}: U \rightarrow S^{1}$ be two maps such that $\rho\left(\left[\varphi_{0}\right]\right)=\rho\left(\left[\varphi_{1}\right]\right)$, i.e. there exists a homotopy $F_{t}: X \times[0,1] \rightarrow S^{1}$ such that $F_{0}=\left.\varphi_{0}\right|_{X}$ and $F_{1}=\left.\varphi_{1}\right|_{X}$. We have to show that there exists an open set $V$ such that $X \subseteq V \subseteq U$, and a homotopy $G_{t}: V \times[0,1] \rightarrow S^{1}$ such that $G_{0}=\left.\varphi_{0}\right|_{V}$ and $G_{1}=\left.\varphi_{1}\right|_{V}$. The argument for existence of such a homotopy is similar to the argument showing surjectivity. WLOG, assume $\bar{U}$ is compact. Pick an open set $W \subset U$ such that $\bar{W} \subset U$. Consider the following closed subset of $M \times[0,1]$ :

$$
Z:=(\bar{W} \times\{0\}) \cup(X \times[0,1]) \cup(\bar{W} \times\{1\})
$$

Consider the function $\psi: Z \rightarrow S^{1}$ defined by:

$$
\psi(x, t):= \begin{cases}\varphi_{0}(x) & \text { if } t=0 \\ \varphi_{1}(x) & \text { if } t=1 \\ F_{t}(x) & \text { otherwise }\end{cases}
$$

Repeating the argument used in the surjectivity part, this time for the the compact subset $Z \subset M \times[0,1]$ and the map $\psi: Z \rightarrow S^{1}$, in the manifold with boundary $M \times[0,1]$, yields an extension of $\psi$, which we denote by $\widetilde{\psi}$ : $N \rightarrow S^{1}$, where $N$ is some neighborhood of $Z$ in $M \times[0,1]$. By compactness of $Z$, the set $N$ contains an open set of the form $V \times[0,1]$ where $V$ is open in $M$. The restriction $\left.\widetilde{\psi}\right|_{V}$ provides the desired homotopy between $\left.\varphi_{0}\right|_{V}$ and $\left.\varphi_{1}\right|_{V}$.

Claim 4.2. Let $M$ be a manifold and $X$ a compact set such that $X=X_{1} \cup X_{2} \cup X_{3}$, with each $X_{k}$ compact such that $X_{1} \cap X_{2} \cap X_{3}=\emptyset$. Then, there exists a continuous $f: X \rightarrow S^{1}$ such that for all $1 \leq k \leq 3$, $f\left(X_{k}\right) \subseteq \gamma_{k}$ where $\gamma_{k}=\left\{e^{i \theta} \left\lvert\, \theta \in\left[\frac{2 \pi(k-1)}{3}, \frac{2 \pi k}{3}\right]\right.\right\}$. In fact we can choose $f$ such that it extends to a neighborhood, $\mathcal{O p}\left(X_{k}\right)$, of each $X_{k}$ and satisfies $f\left(\mathcal{O} p\left(X_{k}\right)\right) \subseteq \gamma_{k}$.

Proof. This argument essentially appears in [1], showing that the set of pairs over which we infimize in $\mathrm{pb}_{3}$ is not empty. Consider the open cover of $M$ given by $\left(M \backslash X_{1}, M \backslash X_{2}, M \backslash X_{3}\right)$ and let $\left\{\rho_{i}\right\}$ be a partition of unity subordinate to that cover. Consider $f=\left(\left.\rho_{1}\right|_{X},\left.\rho_{2}\right|_{X}\right): X \rightarrow \Delta$ where $\Delta$ is the boundary of a right triangle whose vertices are $(0,0),(1,0),(0,1)$. The result is obtained by composing $f$ with a homeomorphism from $\Delta$ to $S^{1}$. In fact, by composing $f$ with a retract of $\mathbb{R}^{2}$ onto a smaller triangle first, we get $f\left(\mathcal{O} p\left(X_{k}\right)\right) \subseteq \gamma_{k}$

Claim 4.3. Let $X=X_{1} \cup X_{2} \cup X_{3}$ with each $X_{k}$ compact such that $X_{1} \cap X_{2} \cap X_{3}=\emptyset$. Then, any two functions $f, g: X \rightarrow S^{1}$ such that for all $1 \leq k \leq 3, f\left(X_{k}\right), g\left(X_{k}\right) \subseteq \gamma_{k}$ are homotopic.

Proof. Identify $\gamma_{k}$ with $[0,1]$ via a homeomorphism $\sigma_{k}: \gamma_{k} \rightarrow[0,1]$. For each $k$ we homotope between $\left.\sigma_{k} \circ f\right|_{X_{k}}$ and $\left.\sigma_{k} \circ g\right|_{X_{k}}$ via the linear homotopy:

$$
h_{t}:=\sigma_{k}^{-1} \circ\left((1-t) \sigma_{k} \circ f+t \sigma_{k} \circ g\right) .
$$

Note that $f\left(X_{k} \cap X_{k+1}\right)=g\left(X_{k} \cap X_{k+1}\right)$ which equals the far (counterclockwise) endpoint of $\gamma_{k}$ (addition is to be taken cyclically). Moreover, by linearity this also holds for $h_{t}$, for all $t \in[0,1]$. Hence, we can homotope between $f$ and $g$ over each $X_{k}$ sequentially.

We summarize the contents of the above claims in the following corollary:

Corollary 4.4. Any decomposition $X=X_{1} \cup X_{2} \cup X_{3}$ such that $X_{1} \cap X_{2} \cap X_{3}=\emptyset$ determines a class $\alpha \in H^{1}(X ; \mathbb{Z})$, hence a class in $\alpha \in \mathcal{N} H^{1}(X)$. The class $\alpha$ is defined by picking any function $f: X \rightarrow S^{1}$ such that $f\left(X_{k}\right) \subseteq \gamma_{k}$ for $1 \leq k \leq 3$ and setting $\alpha=[f]$.

Definition 4.5. For any $\alpha \in H^{1}(X ; \mathbb{Z})$ define

$$
P b_{X}(\alpha):=\inf \left\{\begin{array}{l|l}
\left\|\left\{\phi_{1}, \phi_{2}\right\}\right\| & \begin{array}{l}
\Phi=\left(\phi_{1}, \phi_{2}\right): M \rightarrow \overline{B_{1}} \text { such that } \\
\phi_{1}, \phi_{2} \text { have compact support, and } \\
\exists \underset{\text { open }}{U} \supset X,\left.\phi\right|_{U} \subseteq S^{1},\left[\left.\phi\right|_{X}\right]=\alpha
\end{array}
\end{array}\right\} .
$$

Remark 4.6. During the writing of this paper the author learned that a similar definition (using $\frac{\Phi^{*} \omega_{\mathbb{R}^{2}}}{\omega_{\mathbb{R}^{2}}}$, over a similar class of functions) was suggested as an object of study, years ago, by Frol Zapolsky.

### 4.2. Proof of Theorem (4)

Theorem 4.7. Let $X$ be be a compact subset of a symplectic manifold $M$, and assume $X=X_{1} \cup X_{2} \cup X_{3}$ where $X_{1} \cap X_{2} \cap X_{3}=\emptyset$ and each $X_{k}$ is compact. Denote by $\alpha \in H^{1}(X ; \mathbb{Z})$ the class determined by the decomposition $X=X_{1} \cup X_{2} \cup X_{3}$ as in Corollary 4.4. Then,

$$
\operatorname{Pb}_{3}\left(X_{1}, X_{2}, X_{3}\right)=\operatorname{Pb}_{X}(\alpha)
$$

Proof. We start by showing $\mathrm{Pb}_{3}\left(X_{1}, X_{2}, X_{3}\right) \geq \mathrm{Pb}_{X}(\alpha)$. Any $\Phi: M \rightarrow \Delta$ admissible for $\mathrm{Pb}_{3}$ can be made into a map admissible for $\mathrm{Pb}_{X}(\alpha)$ with an arbitrary $\varepsilon$-increase of the norm of the Poisson bracket by composing with a smooth map from the triangle to a disc, with Jacobian norm bounded by $1+\varepsilon$, as done in the proof of Proposition 3.7.

We now turn to proving $\mathrm{Pb}_{X}(\alpha) \geq P b_{3}\left(X_{1}, X_{2}, X_{3}\right)$. Let $\Phi: M \rightarrow \overline{B_{1}}$ admissible for $\operatorname{Pb}_{X}(\alpha)$. Then, there exists an open set $U \supset X$ such that $\Phi(U) \subseteq S^{1}$. Shrinking $U$ if necessary, it follows from Claims 4.1 and 4.2 that there exist open sets $U_{0}, U_{1}, U_{2}$ such that:

1) $U_{k} \supset X_{k}$ for $1 \leq k \leq 3$.
2) $U=U_{0} \cup U_{1} \cup U_{2}$.
3) There exists a function $f: U \rightarrow S^{1}$ such that for all $1 \leq k \leq 3$, $f\left(U_{k}\right) \subseteq \gamma_{k}$.
4) $\left.\Phi\right|_{U} \stackrel{h t p y}{\sim} f$.

We denote the homotopy in (4) by $f_{t}$, so $f_{0}=\left.\Phi\right|_{U}$ and $f_{1}=f$. By the smooth approximation theorem (Whitney's approximation), $f_{t}$ can be chosen to be smooth.

Let $\varepsilon>0$. We will construct a smooth function $\widehat{\Phi}: M \rightarrow \overline{B_{1}}$ such that:

1) $\widehat{\Phi}^{-1}\left(B_{1-3 \varepsilon}\right)=\Phi^{-1}\left(B_{1-3 \varepsilon}\right)$.
2) $\left.\widehat{\Phi}\right|_{\Phi^{-1}\left(B_{1-3 \varepsilon}\right)}=\left.\Phi\right|_{\Phi^{-1}\left(B_{1-3 \varepsilon}\right)}$.
3) $\left.\widehat{\Phi}\right|_{U}=f$.

From it, we obtain by a composition with a pseudoretract onto $\overline{B_{1-3 \varepsilon}}$ a function with the desired bounds on the norm of the Poisson bracket and the desired behaviour on $X$, by application of Corollary. 2.3

To construct $\widehat{\Phi}$ we will need the the definition and characterization of a cofibration (sometimes called a Borsuk pair), see [5] for a deeper treatment.

Definition 4.8. A continous map $i: Z \rightarrow X$ is called a cofibration if it satisfies the homotopy extension property with respect to all spaces, $Y$, that is, if for every homotopy $f_{t}: Z \times[0,1] \rightarrow Y$ and every map $F_{0}: X \rightarrow$ $Y$ extending $f_{0}$, namely, $\left.F_{0}\right|_{Z}=f_{0}$, there exists an extension of $f_{t}$ to a homotopy $F_{t}: X \times[0,1] \rightarrow Y$, such that $\left.F_{t}\right|_{Z}=f_{t}$. In a diagram:


The next lemma, whose proof we postpone to the end of the section, states that for a closed subset, $X$, of a manifold, $M$, there is an arbitrarily small "thickening" such that the inclusion of the thickened neighborhood into $M$ is a cofibration.

Lemma 4.9. Let $M$ be a manifold, and let $X \subset U \subset M$, such that $X$ is closed and $U$ is open in $M$. Then, there exists a closed neighborhood, $Z$, of $X$, such that $X \subset Z \subset U$, and such that the inclusion map $Z \hookrightarrow M$ is a cofibration.

We continue with the proof of Theorem 4. Denote by $A_{1-2 \varepsilon}^{1}:=\overline{B_{1}} \backslash \overline{B_{1-2 \varepsilon}}$ the annulus of radii 1 and $1-2 \varepsilon . A_{1-2 \varepsilon}^{1}$ is open in the topology of $\overline{B_{1}}$. We proceed in several steps, in each we modify the function constructed in the previous, culminating in the desired function $\Psi$ satisfying what is needed. Figure 3 depicts all the balls involved in the construction.
Step 1: We construct $\widetilde{\Phi}: \Phi^{-1}\left(A_{1-2 \varepsilon}^{1}\right) \rightarrow A_{1-2 \varepsilon}^{1}$ such that:

1) $\left.\widetilde{\Phi}\right|_{U} \equiv f$.
2) $\left.\left.\widetilde{\Phi}\right|_{\Phi^{-1}\left(\overline{B_{1-\varepsilon}} \backslash B_{1-3 \varepsilon / 2}\right)} \equiv \Phi\right|_{\Phi^{-1}\left(\overline{B_{1-\varepsilon}} \backslash B_{1-3 \varepsilon / 2}\right)}$.

Set:

$$
\begin{aligned}
Q & :=X \cup \Phi^{-1}\left(\overline{B_{1-\varepsilon}} \backslash B_{1-3 \varepsilon / 2}\right) \\
W & :=U \cup \mathcal{N}\left(\Phi^{-1}\left(\overline{B_{1-\varepsilon}} \backslash B_{1-3 \varepsilon / 2}\right)\right)
\end{aligned}
$$

Where $\mathcal{N}:=\mathcal{N}\left(\Phi^{-1}\left(\overline{B_{1-\varepsilon}} \backslash B_{1-3 \varepsilon / 2}\right)\right)$ is an open neighborhood of $\Phi^{-1}\left(\overline{B_{1-\varepsilon}} \backslash B_{1-3 \varepsilon / 2}\right)$ chosen to be small enough such that $\mathcal{N} \cap U=\emptyset$ and such that $\Phi(\mathcal{N}) \subset A_{1-2 \varepsilon}^{1}$. The set $Q$ is a closed subset of $\Phi^{-1}\left(A_{1-2 \varepsilon}^{1}\right)$ and $W$ is an open neighborhood of $Q$, therefore by the above Lemma 4.9, (Applied with $\left.M=\Phi^{-1}\left(A_{1-2 \varepsilon}^{1}\right), U=W\right)$ there exists a closed neighborhood, $Z$, of $Q$, where $Q \subset Z \subset W$ such that the inclusion $Z \hookrightarrow \Phi^{-1}\left(A_{1-2 \varepsilon}^{1}\right)$ is a cofibration.

Define a homotopy $h_{t}: Z \times[0,1] \rightarrow A_{1-2 \varepsilon}^{1}$ by:

$$
h_{t}(x):= \begin{cases}f_{t}(x) & x \in U \cap Z \\ \Phi(x) & x \in \mathcal{N} \cap Z\end{cases}
$$

$h_{0}=\left.\Phi\right|_{Z}: Z \rightarrow A_{1-2 \varepsilon}^{1}$ has an extension $\left.\Phi\right|_{\Phi^{-1}\left(A_{1-2 \varepsilon}^{1}\right)}: \Phi^{-1}\left(A_{1-2 \varepsilon}^{1}\right) \rightarrow A_{1-2 \varepsilon}^{1}$ and hence by the cofibration property, the homotopy $h_{t}$ extends to a function $H_{t}: \Phi^{-1}\left(A_{1-2 \varepsilon}^{1}\right) \times[0,1] \rightarrow A_{1-2 \varepsilon}^{1}$ such that $\left.H_{t}\right|_{Z}=h_{t}$. By the smooth approximation theorem (Whitney's approximation), since $h_{t}$ is already smooth we can choose $H_{t}$ to be smooth. Define:

$$
\widetilde{\Phi}:=H_{1}: \Phi^{-1}\left(A_{1-2 \varepsilon}^{1}\right) \rightarrow A_{1-2 \varepsilon}^{1} .
$$

$\widetilde{\Phi}$ has the desired properties near $X$ but is not yet defined on all of $M$.
Step 2: We construct $\widehat{\Phi}: M \rightarrow \overline{B_{1}}$, (Now defined on all of $M$ ) with the following properties:

1) $\left.\left.\widehat{\Phi}\right|_{X} \equiv \widetilde{\Phi}\right|_{X}$.
2) $\widehat{\Phi}^{-1}\left(B_{1-3 \varepsilon}\right)=\Phi^{-1}\left(B_{1-3 \varepsilon}\right)$.
3) $\left.\left.\widehat{\Phi}\right|_{\Phi^{-1}\left(B_{1-3 \varepsilon}\right)} \equiv \Phi\right|_{\Phi^{-1}\left(B_{1-3 \varepsilon}\right)}$.

We define $\widehat{\Phi}: M \rightarrow \overline{B_{1}}$ by

$$
\widehat{\Phi}:= \begin{cases}\Phi(x) & x \in \Phi^{-1}\left(B_{1-5 / 4 \varepsilon}\right) \\ \widetilde{\Phi}(x) & \text { Otherwise } .\end{cases}
$$

Since $\left.\widetilde{\Phi}\right|_{\mathcal{N}}=\left.\Phi\right|_{\mathcal{N}}$, and since the boundary of $\Phi^{-1}\left(B_{1-5 / 4 \varepsilon}\right)$ is contained in $\mathcal{N}$, the map $\widehat{\Phi}$ is indeed smooth.
Step 3: We construct $\Psi: M \rightarrow \overline{B_{1}}$, using Corollary 2.3 , to obtain a function with the desired bounds on the Poisson bracket.
Let $T: \mathbb{R}^{2} \rightarrow \overline{B_{1-3 \varepsilon}}$ be an $\varepsilon$-pseudoretract, and denote by $\mathcal{H}_{\frac{1}{1-3 \varepsilon}}$ the homothety by a factor of $\frac{1}{\sqrt{1-3 \epsilon}}$. Define:

$$
\Psi:=\mathcal{H}_{\frac{1}{1-3 \varepsilon}} \circ T \circ \widehat{\Phi} .
$$

Now, by Proposition 2.2 we have $\left\|\left\{\Psi_{1}, \Psi_{2}\right\}\right\| \leq \frac{1+\varepsilon}{1-3 \varepsilon} \cdot\left\|\left\{\Phi_{1}, \Phi_{2}\right\}\right\|$.
By shrinking the neighborhoods $U_{k}$ of $X_{k}$ so that $U_{k} \subset Z$, we have $\Psi\left(U_{k}\right)=f\left(U_{k}\right) \subset \gamma_{k}$ for all $1 \leq k \leq 3$. Thus $\Psi$ is $\operatorname{Pb}_{3}\left(X_{1}, X_{2}, X_{3}\right)$-admissible. WLOG, we can assume that $\Phi$ is (CS) with respect to $p=(0,0)$ (otherwise we move $p$ by the methods of Proposition 3.7). Therefore it holds that $\widehat{\Phi}$ is (CS), and hence also $\Psi$, as they are obtained by post-compositions. We have shown that for all $\varepsilon>0$ small enough:

$$
\frac{1+\varepsilon}{1-3 \varepsilon} \cdot \mathrm{~Pb}_{X}(\alpha) \geq \mathrm{Pb}_{3}\left(X_{1}, X_{2}, X_{3}\right)
$$

By sending $\varepsilon \rightarrow 0$ the result follows.

### 4.3. Proof of Lemma 4.9 (Thickening a set to a cofibration)

In this section we prove the following lemma:
Lemma. Let $M$ be a manifold, and let $X \subset U \subset M$ such that $X$ is closed and $U$ is open in $M$. Then, there exists a closed neighborhood, $Z$, of $X$, such that $X \subset Z \subset U$ and such that the inclusion map $Z \hookrightarrow M$ is a cofibration.

The following appears in [5] as a corollary of Theorem "HELP" (Homotopy Extension and Lifting Property).


Figure 3: $\overline{B_{1}}$ and its subsets involved in the proof.

Proposition 4.10. Let $X$ be a $C W$-complex and let $i: A \rightarrow X$ be the inclusion of a subcomplex. Then, $i$ is a cofibration.

We will also need a theorem of Whitehead about existence of triangulations for smooth manifolds with boundary, see [8] and [7]:

Proposition 4.11 (Whitehead). If $M$ is a smooth para-compact manifold with boundary, then every smooth triangulation of $\partial M$ can be extended to a smooth triangulation of $M$

As a corollary we have:

Corollary 4.12. Let $M$ be a d-dimensional manifold and let $N$ be a ddimensional connected manifold with boundary. Then, any embedding i:N $\rightarrow$ $M$ is a cofibration.

Proof. For brevity identify $N$ with its image in $M$. Consider $N$ and $M \backslash \operatorname{Int} N$, they are both manifolds with a common boundary $\partial N$. Choose a triangulation of $\partial N$. Extending to both $N$ and $M \backslash \operatorname{Int} N$ yields a triangulation of $M$ such that $N$ is a subcomplex. Any triangulation induces CW-structure in the obvious way, therefore $i: N \rightarrow M$ is a cofibration.

We can now prove Lemma 4.9.

Proof. In light of Corollary 4.12 it is enough to show that there exists a closed neighborhood, $Z$, of $X$, contained in $U$, such that $Z$ is an embedded $\operatorname{dim} M$-dimensional manifold with boundary. Since $X$ is a compact subset of $M$, there exists a smooth function, $h: M \rightarrow[0, \infty)$, such that $h^{-1}(0)=$ $X$. By Sard's theorem, the critical values of $h$ are of measure 0 in $[0, \infty)$, therefore there exists a regular value $r \in[0, \infty)$ such that $h^{-1}([0, r]) \subset U$. Set $Z=h^{-1}([0, r]) . Z$ is an embedded $\operatorname{dim} M$-dimensional manifold with boundary, therefore $i: Z \rightarrow M$ is a cofibration.

### 4.4. Proof of Theorem 5-Subhomogeneity of $\mathrm{Pb}_{X}(\cdot)$

In this section we prove the following theorem:
Theorem 4.13. Let $X$ be a compact subset of a symplectic manifold $M$. Then, for all $\alpha \in H^{1}(X ; \mathbb{Z})$ and for all $0<k \in \mathbb{N}$ we have:

$$
\operatorname{Pb}_{X}(k \alpha) \leq k \cdot \operatorname{Pb}_{X}(\alpha)
$$

Proof. Let $\Phi: M \rightarrow \overline{B_{1}}$ be a function admissible for $\mathrm{Pb}_{X}(\alpha)$. We construct a function admissible for $\mathrm{Pb}_{X}(k \alpha)$ in the following way: Consider $R_{k}: \overline{B_{1}} \rightarrow \overline{B_{1}}$ defined in polar coordinates by

$$
R_{k}\left(r e^{i \theta}\right)=r e^{i k \theta}
$$

This is a smooth function except for the origin. For every $\varepsilon>0$ consider $T: \overline{B_{1}} \rightarrow \overline{B_{1-\varepsilon}}$ defined by collapsing the disc $\overline{B_{\varepsilon}}$ around the origin to point, smoothly, in a similar fashion to what is done in the construction of $\varepsilon$ pseudoretracts, that is

$$
T\left(r e^{i \theta}\right)=\rho(r) e^{i \theta}
$$

where $\rho:[0, \infty) \rightarrow[0, \infty)$ is a function such that:

$$
\left.\rho(x)\right|_{[1 / 2, \infty)}=x-\varepsilon,\left.\quad \rho\right|_{[0, \varepsilon]}=0 \quad \text { and } \quad 0 \leq \rho^{\prime} \leq 1+\varepsilon .
$$

The function $\rho$ is constant near 0 , therefore the composition $T \circ R_{k}$ is smooth. Define:

$$
\Psi:=\mathcal{H}_{\frac{1}{1-\varepsilon}} \circ T \circ R_{k} .
$$

$\Psi$ is a function admissible for $\mathrm{Pb}_{X}(k \alpha)$. Note that

$$
\left\|\left\{\Psi_{1}, \Psi_{2}\right\}\right\| \leq k \cdot \frac{1+\varepsilon}{1-\varepsilon}\left\|\left\{\Phi_{1}, \Phi_{2}\right\}\right\|
$$

Hence, for all $\varepsilon>0$ we have $\mathrm{Pb}_{X}(k \alpha) \leq k \cdot \frac{1+\varepsilon}{1-\varepsilon} \cdot \mathrm{Pb}_{X}(\alpha)$. The result follows by sending $\varepsilon \rightarrow 0$.

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Received August 8, 2018
Accepted May 14, 2019

